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Food, Page 1C

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# Granite City Journal

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VOLUME 20, NUMBER 4

WEDNESDAY, JANUARY 17, 1996

FIFTY CENTS

## 2 legislators support plants

By Scott Cousins  
Staff writer

The state has an ethical and moral obligation to continue support for trash-to-energy plants already constructed or approved, two local legislators said Saturday.

State Sen. Evelyn Bowles, D-Edwardsville, and Rep. Steve Davis, D-Bethalto, said they wanted Gov. Jim Edgar to use his amendatory veto powers to modify the repeal of the retail rate law that allows tax incentives for those plants.



Bowles



Davis

"We would urge the governor to use his powers to exclude projects under construction or through the siting process," Davis said.

If approved, the law's repeal would effectively kill the \$75 million Metro East LLC and the \$114 million Polsky projects in Wood River.

The siting for both has been approved, although the Madison siting is still in the appeals process. A hearing was held last week, and the Illinois Pollution Control Board will make a decision by March.

At a press conference Saturday at the Wood River City Hall, Davis and Bowles gathered about 35 civic, education and labor leaders — including Madison Mayor John Bellotti and Alderman John Hamm — to ask Edgar to consider a veto or some other action amending the repeal.

Bellotti said he went to see what was going to happen. He also said the Madison City Council was expected to discuss the matter at its meeting Tuesday.

Last week both houses of the Illinois legislature passed bills repealing the part of the retail rate laws affecting trash to energy power plants.

The law subsidized alternative power producers for turning waste into electricity.

It allowed utility companies to deduct the difference between the

## Letter-writing drive urged

By Scott Cousins  
Staff writer

Supporters of threatened wood-fueled energy plants in Madison and Wood River are urging people to show their support for the projects by contacting Gov. Jim Edgar's office.

At a press conference Saturday, state Sen. Evelyn Bowles, D-Edwardsville, and Rep. Steve Davis, D-Bethalto, said supporters were planning to run full-page ads in the *Alton Telegraph* asking for support.

The two held a press conference to support efforts on behalf of the Wood River facility, but Davis said any action the governor takes that would affect the Wood River project would also affect the Madison project too.

Westmoreland Energy, a partner in the Madison project, is also encouraging a letter-writing campaign.

All urge Edgar to use his amendatory veto powers to grandfather in

(See DRIVE, Page 6A)

retail and wholesale power rates from tax bills for 20 years.

Environmentalists have argued that could add up to millions of dollars with no guaranteed pay back for the state.

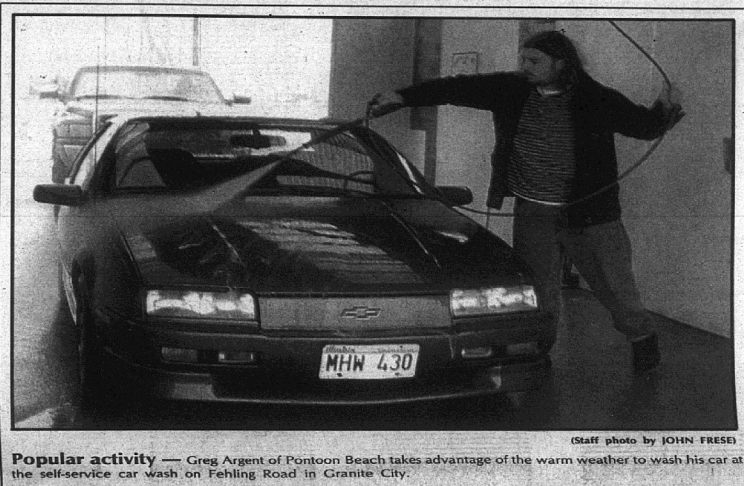
The House voted 97-14 in favor of the bill, while the Senate voted 33-10, with 14 senators voting present and two not voting.

In the Senate, both Bowles and Sen. James Clayborne, D-East St. Louis, voted against the proposal.

In the House, Davis, D-Bethalto, and Rep. Wyett Young, D-East St. Louis, opposed the bill, while Tom Holbrook, D-Belleview, Jay Hoffman, D-Collinsville, and Ron Stephens, R-Troy, voted in favor.

At the press conference, Bowles said the state "held out a carrot to encourage development of these facilities, and repealing the laws

(See PLANTS, Page 6A)

(Staff photo by JOHN FRESE)  
Popular activity — Greg Argent of Pontoon Beach takes advantage of the warm weather to wash his car at the self-service car wash on Fehling Road in Granite City.

## City getting property

## Contamination halts project

By Bob State  
Staff writer

The city of Granite City may have been railroaded into assuming ownership of contaminated property near the Jennison-Wright cleanup.

The contamination, which includes old railroad ties and "dirty" soil, was discovered Dec. 15 by employees of C.D. Peters Construction Co. while doing preliminary excavation on a road construction project for the city. The contamination is located on property the Norfolk and Southern Railroad is scheduled to give to the city under an order from the Illinois Commerce Commission.

Bill Baudendistel of Juneau

Associates, the city's contractual engineer, said the Feralloy Access Road construction project has been temporarily placed on hold, but that "everybody involved wants to see the project move along."

Baudendistel said a preliminary site investigation by local officials of the Illinois Environmental Protection Agency determined that the contamination may be similar to fill material routinely found near railroad properties, but that further testing is necessary.

The road construction project is located adjacent to the former Jennison-Wright property, the site of a multi-million dollar Superfund cleanup.

Because of Monday's holiday, Steve Davis, IEPA coordinator for

the Jennison-Wright cleanup, could not be reached to discuss the extent of contamination on the city's property.

"The railroad company, the ICC and the EPA have been very cooperative," Baudendistel said.

He said an IEPA official had warned the city about possible contamination more than a year ago, but that none had been found until last month during construction.

Jennison-Wright formerly treated railroad ties and wood blocks with chemicals, including creosote, pentachlorophenol and zinc naphthanate. Jennison-Wright filed bankruptcy in 1989 and abandoned the property, leaving large quantities of hazardous waste and

(See PROJECT, Page 6A)

## Tax money disbursed

About 98 percent of 1994 property Madison County property taxes were distributed to taxing districts by Dec. 29, the fastest on record.

"I know a lot of taxing districts were surprised to see money in November and December," Treasurer John Shimkus said. "What we're trying to do is get the money out in the same calendar year." Property taxes for 1994 were collected in 1995.

Shimkus said early distributions allow taxing districts to use money for expenses or invest for themselves.

"The total amount distributed to the taxing districts is \$144,251,716," he said. "We have less than 1 percent of property taxes to distribute and our goal is to do final distribution to the county taxing districts by Jan. 31."

Early distributions are especially good news to school districts, which typically receive the lion's share of property tax

(See TAX, Page 3A)

## In the Journal

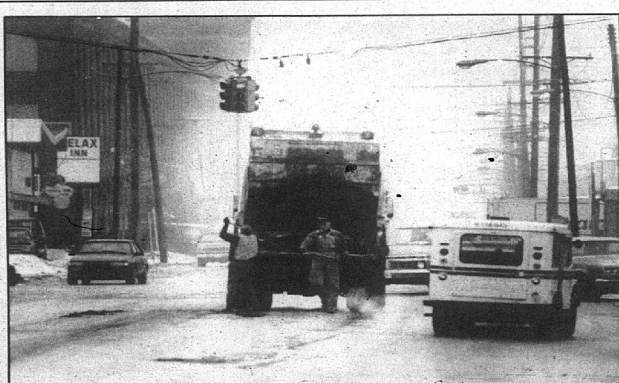
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**5 FULLER'S FORECAST**

John Fuller, Chief Meteorologist, KSDK News Channel 5

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
56° 37°	45° 22°	34° 21°	38° 27°

(Staff photo by JOHN FRESE)  
Patchwork — A Granite City street crew patches the potholes at the intersection of Niedringhaus, 19th and Cleveland streets.

## Lucas ruled off ballot

Ronald "Rink" Lucas, former Madison County recorder of deeds, won't be making a comeback this year.

The County Officers Electoral Board has ruled that Lucas' nominating petitions did not include enough of the 250 valid signatures required for his name to be placed on the March 19 primary election ballot.

The board disallowed some objections but threw out 86 of the 330 signatures submitted by Lucas.

The decision, announced Thursday, leaves two-term incumbent Dan Donohoo unopposed in his bid for the Democratic nomination for recorder.

"It didn't surprise me," Donohoo said. "I think he was running for spite. I filed 1,900 signatures and he filed 330. If

(See LUCAS, Page 3A)

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## City leaders praise police grant program

By Bob Slate  
Staff writer

The COPSFAST program is an exception among most federal programs, according to Granite City Mayor Ron Selph and Police Chief Dave Ruebhausen.

While many federal programs get bogged down in paperwork or have strings attached, the COPSFAST grant program administered by the Justice Department has been a blessing to Granite City, Selph and Ruebhausen told U.S. Rep. Jerry Costello Thursday.

Costello, D-Belleview, a former police officer, was in town to gather input about the year-old, community-oriented policing program designed to place more officers on the street.

"We are pleased with the response we've gotten from the government... (The program) was earmarked for community policing, but it gives us flexibility," Ruebhausen said.

He said he has administered grant programs in the past that were not worth implementing because hiring an additional clerk was necessary just to fill out the required paperwork.

The city has used the \$75,000 federal COPSFAST grant to hire an additional police officer, Ruebhausen said. He said the additional officer has allowed the department to devote Officer Mike Sparks, a 20-year veteran, to community-oriented programs, such as neighborhood watch, self-defense seminars and home and business security assessments.

"These programs give the public a sense of security without having an actual police officer present at all times," Ruebhausen said.

The grant has also allowed the city to expand its current Drug Abuse Resistance Education (DARE) program to the middle school level, Ruebhausen said.

Costello said that the federal government is currently assessing the effectiveness of the grants to determine if any changes are needed in the three-year program. He also said that flexibility in the program is beneficial because law enforcement officials elsewhere in his congressional district have expressed desires for equipment or other needs.

Ruebhausen said that, given a choice between more officers or equipment, he would continue to use the money to bolster uniformed staff.

"If it's either/or... sure there are equipment needs; but if somebody gives me the opportunity to put another man on the street (I'll take it)," Ruebhausen said.

Granite City, with 53 sworn police officers, lacks about seven officers to meet the Federal Bureau of Investigation's recommended police staffing level for a city of its size, Selph said.

Alton, for example, with a comparable population, has 15 to 20 more officers than Granite City, Selph said.

"But we have one of the safest cities in the Metro East," Selph said, citing the city's low murder rate over the last four years.

Selph said Costello has been "a fantastic asset to our community," helping the city obtain the COPSFAST grant and Federal Emergency Management Agency (FEMA) funds to reimburse costs associated with the floods of 1993 and 1995.

Costello said he is uncertain of the future of the COPSFAST program in light of the current thrifty mood in Congress, but said he is relatively sure the program will be funded through 1997 because crime continues to be one of the public's main concerns.

During his visit to the Tri-Cities area Thursday, Costello also made a stop at Harris Elementary School in Madison to give students a quick civics lesson.

He also presented Granite City Street Superintendent Jerry Lakin with a United States flag.



(Staff photos by JOHN FRESE)

**Winners** — Winners in the Journal's Christmas coloring contest are in the kindergarten to second grade age group are, from left in photo above, Molly Creek, 8, first place; Joey Ozanich, 6, second place; and Stacey Tsigolaroff, 6, third place. Contest winners in the third and fourth grade age group are, below from left, Michael Lux, 9, first place; Amanda Marti, 8, second place; and Nick Pashia, 9, third place. Contest winners in the third and fourth grade age group are, from left in bottom photo, Maria Roady, 11, first place; Sarah Taylor, 11, second place; and Brian Cantlon, 11, third place.



## Grant will help SIUE battle rash of vehicle burglaries

SIUE authorities hope \$750,000 in federal grants will help the school combat a rash of car burglaries and the effects of years of downsizing.

As part of the federal Community Oriented Policing Services grant program, the money will add 10 officers to the university's police force, which is wading through a dramatic increase in certain crimes.

SIUE Police Chief Charles McDonald said: "The grant will be a significant improvement (in the size of the force)."

McDonald refused to disclose the size of the force, citing security concerns. But the 17-year veteran said the increase will bring his department to full force at a crucial time: Southern Illinois University at Edwardsville is

facing a serious increase in car burglaries, from 29 in 1994 to more than 120 in 1995.

"This is not unique to the campus," said McDonald, who also heads the Metro East Auto Theft Task Force. "It just seems to be the crime of opportunity right now. It's a phenomenon being faced in the whole area."

The university has cut about 10 police positions in recent years — a trend that will likely continue as schools statewide downsize to cut costs, he said.

The additional officers are critical to the university's plans to fight increasing crime, particularly as the campus becomes more residential.

"The university has grown, and we're in a really positive

mode right now, but I think the need we see reflects what is happening in society in general," McDonald said.

"We're not an island here, unfortunately."

The grants were announced Tuesday by U.S. Rep. Richard Durbin, D-Springfield, a member of the House Appropriations Committee that funds the program.

The grants will kick in 75 percent — \$25,000 — of each of the new officers' salaries and benefits for three years. The university will pick up the remaining 25 percent for the next three years and assume the full costs thereafter.

Obviously, we are extremely pleased," said Kenneth Neher, SIUE vice president for administration.

— From the Alton Telegraph

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## Blood drive here Thursday

The American Red Cross has declared a blood emergency. The severe winter weather in recent weeks has reduced the local blood supply to a historic low. Cold, ice and snow severely affected the normal generous donations Red Cross receives during the holiday season.

This community needs organized labor to respond to this potential disaster, Red Cross officials said. In the next few days, if the blood supply is not replenished, all surgical procedures, except emergencies, will be canceled.

Please help by donating at the AFL-CIO blood drive from 1 to 6 p.m. Thursday, Jan. 18, at the United Steel Workers of America Local 67 Hall, 2334 East 25th St. in Granite City. For more information, call 931-6609 or 931-1068.

Donors will receive a meal and drink, provided by JB Vending. This company is one of the union restaurant and catering companies doing business in the Tri-City area.

## Tops in wealth: Glen Carbon

When it comes to wealth, residents with Glen Carbon and Godfrey mailing addresses are near the top of the list.

Glen Carbon is the wealthiest of Metro East ZIP codes and 21st on a list of the 50 wealthiest in the St. Louis metropolitan area, published recently by the St. Louis Business Journal.

Glen Carbon's median income was \$44,761.

Godfrey placed 30th on the list with a median household income of \$40,612.

Troy was 35th, with a median income of \$39,412; St. Jacob was 47th, median income of \$37,383; and Highland was 48th, median income \$37,158.

Godfrey Mayor Lars Hoffman said he was pleased with the community's ranking.

"I'm delighted," he said. "It really matters a lot. It's a selling point when you try to bring retailers and new businesses to your town. It means we can afford to support parks and improve our streets. It's not a bad situation to be in."

Godfrey is looking to lure new businesses to the community, he said.

Glen Carbon Mayor Ron Foster was pleased with his community's ranking. "It's just a nice number," he said. "It should help make the community a more attractive place for businesses that want

to locate in our area, including Edwardsville, Troy and Maryville. It helps attract retail establishments."

Other Madison County ZIP codes in the top 50 are Marine, 25th, with a median income of \$42,581; Moro, 34th, with a median income of \$39,416; Dorsey, 41st, with a median income of \$38,195; and Highland, 48th, with a median income of \$37,158.

ZIP codes in the Missouri communities of Ladue, Des Peres, Chesterfield, Creve Coeur and Ballwin top the chart with median incomes ranging from \$82,292 to \$60,344.

— From the Alton Telegraph

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## •Tax

(Continued from Page 1A)

dollars.

In recent years, final distributions have been in February, March and April. Shimkus said. Outside auditors recommended last year that the office make distributions at least monthly until most of the taxes were distributed, he said.

"It kept us moving in this direction," Shimkus said. "Everybody's better off."

The county's Data Processing Department deserves a lot of credit for speeding the distributions, he said.

"We've moved forward technologically. They have modern hardware, but the software is old. They have to keep rewriting it to keep things moving. It's to their credit," Shimkus said.

The county plans to buy new tax software over the next few years, which should help the property tax process function even more smoothly, he said.

— From the Alton Telegraph

## •Lucas

(Continued from Page 1A)

you're a serious candidate, you get more than 330 signatures in a county with 130,000 registered voters."

Lucas served four terms as recorder before the county Democratic organization endorsed Donohoe over him in the 1986 primary. Donohoe won the primary and general election and said he thinks Lucas remains bitter.

Lucas, who is also a former mayor of Maryville, could not be reached for comment Thursday.

The objections were filed by lawyer Tom Lakin, a member of the executive committee of the Madison County Democratic Central Committee. The electoral board consists of State's Attorney William Haine, Circuit Clerk Matt Mulcahy and County Clerk Debbie Saltich.

"I like the result but I think they were conservative," Lakin said. He said he thought there were reasons to strike about 30 more signatures. Lakin said Lucas could appeal to the Circuit Court and might do so since the electoral board decision left him only 11 signatures short of the required number. Lakin said he could file a countersuit and argue that more signatures should have been stricken.

The board rejected Lakin's contention that all of Lucas' petitions were invalid because they listed an incorrect date for the primary election.

The date was off by only one day and the "technical error" did not warrant striking all of the petition sheets, the board ruled.

But signatures were stricken for other reasons. Lucas insisted last month that he was serious about the campaign.

— From the Alton Telegraph

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## Needy families to get free child safety seats

Illinois State Police officials have announced a plan to distribute 250 child safety seats statewide to disadvantaged families with children.

State Police Director Terrance W. Gainer said "Operation Kids," conducted with the cooperation of the International Association of Chiefs of Police, will save lives.

"We know that the proper use of child safety seats saves lives. So it's particularly rewarding to be working with the IACP to see that 250 additional Illinois families will have their youngsters safely buckled up," he said.

Through traffic stops, accident investigations and motorist assists, troopers will follow criteria to identify families in need of the safety seats and issue a voucher that entitles the family to receive a federally-approved safety seat at no cost, he said.

Gainer said the National Highway Traffic Safety Administration estimates that more than 52,000 serious injuries and nearly 500 deaths could be prevented each year if every child under age 5 were correctly buckled up.

— From the Alton Telegraph

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## Miracle of transplants

# Brother gives man gift of life

By Lynn D. Morrissey  
Correspondent

Barring a miracle, Belleville resident and long-time diabetic Tracy Lehr held little hope of seeing the New Year. Though he'd successfully controlled the disease since age 15, at 38 it was relentlessly destroying his kidneys.

"He was getting worse and worse," said his mother, Jean Lehr, who had called ambulance services for her near-comatose son many times in the past year. Though dialysis was a temporary possibility, Tracy's doctor insisted a transplant was ultimately his only chance for survival.

As he had in past emergencies, Tracy turned to his family for help. His siblings, Sherry, Mindy and Michael, immediately rallied and determined that one would donate a kidney.

Sherry and Mindy were considered unacceptable donors due to hypertension. Medical officials at March Air Force Base in Riverside, Calif., denied 39-year-old Master Sgt. Michael Lehr's request for surgery, stating removal of a kidney disqualified him from

worldwide deployment. To help his brother, Michael faced losing both a kidney and a 17-year career.

Although Tracy was on a cadaver waiting list, finding a suitable donor could take years, and time was running out.

"My donors were dropping like flies," Tracy recalled. But Michael, who had always been extremely close to Tracy, refused to let a Catch 22 override his commitment to save his brother.

"We were inseparable growing up," Michael said. "My mother and sisters kept telling me how bad Tracy was getting. My wife said, 'You can't let (Tracy's 10-year-old daughter) Ashley grow up without a father.'"

"Something clicked," he said. "I had to get into the game. I had my marching orders."

And time marched on. Tracy needed a miracle, so Michael played to win. He went for an end run, seeking permission to have the surgery from the deputy surgeon general of his command, and got it.

On Oct. 31, Tracy received Michael's kidney — and a new life — in a surgery at Barnes Hospital in St. Louis.



(Photo by LYNN D. MORRISSEY)

Tracy, left, and Michael Lehr spend some time together around the holidays. Tracy has a new lease on life thanks to a kidney donated by his brother, Michael.

and Michael saw the New Year together. "I always knew I'd be the one to help Tracy," Michael said. "It was all part of the game plan. My love for my brother came through."

Reflecting on their experience, both men said they hope more people will consider being organ donors. Michael said he has a strong religious faith and believes in the afterlife, but said he doesn't believe you need your physical body after you die.

"If it can help somebody left behind, I think God would want it that way, from a religious point of view," he said. "And the fact that you can help somebody by giving away something you really don't need after you die — I just can't see why you wouldn't want to do that."

"It's one last hurrah," he said. "And God might look favorably on it."

For more information about donating a kidney, call the National Kidney Foundation of Eastern Missouri and Metro East at (314) 647-9585, or Mid-America Transplant Association at (314) 591-1661.

## All-family skate Friday

The Granite City DARE Committee and Park District are sponsoring an all-family skate from 8 to 10 p.m. Friday, Jan. 19, at the Granite City Ice Rink.

Music will be provided by Nate and B.C. local disc jockeys. Admission is \$3 with a 50-cent skate rental. Door prizes will be awarded. Come, skate with local DARE officers, the police chief and friends.

For more information, call Sandy at 452-1764.

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## 150 confess to illegal phone use

More than 150 SIUE students have confessed to illegally using the university's phone system, taking advantage of the university's offer of amnesty from prosecution.

A week before winter break last year, 2,700 letters offering students amnesty until Feb. 29 were sent to everyone who was a resident of Tower Lake Apartments and the Residence Hall between Oct. 1993 and Sept. 1995.

The amnesty program does not apply to people who discovered and passed on the method of cheating the phone system, however.

"They will be treated as felons," university spokesman Sam Smith said. "They will not be given the opportunity to make good. They were deliberately trying to defraud the university."

He did not specify how officials would determine who was responsible for passing the information.

Since classes at Southern Illinois University at Edwardsville resumed last week, students are "really streaming in" to the campus police office to confess, Smith said.

Some payments have been made by students on the \$1.1 million phone bill, but Smith said he did not know the amount. For students who racked up exorbitant bills, he said the university will set up payment plans.

The method of figuring the amount owed by students is a "very tedious process," Smith said. "We can't trace it computerwise, so each student must go through the records manually."

Students who think they can avoid accountability should think again, Smith said, adding "there are ways to track the calls" to discover the culprits.

The phone scam allowed students to make long distance calls and charge them to the university. Several calls were made to international locations, mainly in Asia, Africa and South America, Smith said.

Two university employees are being accused of extending the problem by not alerting administrators about mounting monthly bills, Smith said. Compounding the issue, the employees also failed to pay the bills for two years.

A new employee who began in August discovered the bills and informed administrators. The scam was immediately quelled. One of the two employees resigned after being confronted with the issue. The other was fired late last year, Smith said.

Residents of Tower Lake Apartments had little to say about the scam Thursday. One two-year resident of the university apartment complex who wished to remain anonymous said she knew more than 20 people who had cheated the system. However, most of them had not turned themselves in by Thursday, she said.

When they received letters from the university, she said they "laughed more than they were scared."

She said students had learned about the method for cheating the system by word of mouth. Other residents of the complex confirmed that statement.

From the Alton Telegraph

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## LOCAL NEWS

## Obituaries

## J. Zilibotti

Josephine "Granny" (Vacarro) Rodgers Zilibotti, 70, of Granite City, formerly of Brooklyn, N.Y., died at 2:15 p.m. Friday, Jan. 12, 1996, at her residence, following an 11-week illness. She was born May 20, 1925, in Brooklyn and had been a resident of Granite City for 53 years.

Owner of Joe's Store, across from Madison High School, from 1959 to 1964 and a printer's assistant with Busy Bee Print Shop for five years prior to her retirement in 1989, she was manager of the Nameoki Bingo Center for 18 years.

Mrs. Zilibotti was a member of the Ladies of the Moose in Granite City and the Veterans of Foreign Wars Post Auxiliary in Madison.

Survivors include two sons, Lou C. Rodgers of Granite City and Forrest C. Rodgers Jr. of Edwardsville; four daughters, Rose King, Jo Ann Rodgers, Doris Ragan and Pam Hankins, all of Granite City; eight grandchildren; and five great-grandchildren.

She was preceded in death by her first husband, Forrest C. Rodgers Sr., who died in 1976; and her second husband, Guy Zilibotti, who died in 1992.

Mrs. Zilibotti's remains were cremated.

The family will receive friends from noon to 2 p.m. Thursday, Jan. 18, at Davis Funeral Home, 21st Street and Cleveland Boulevard in Granite City, where a memorial service will be held at 2 p.m. Thursday with the Rev. Jerry Casey officiating. Burial of the remains will be in Buck Road Cemetery.

Memorials are requested for the American Cancer Society or to the family of Josephine Zilibotti.

## Marlyn Bush

Marlyn M. (Scafe) Bush, 62,

of Madison, formerly of Fort Oglethorpe, Ga., died at 1:40 p.m. Saturday, Jan. 13, 1996, at St. Elizabeth Medical Center, following a 25-year illness. She was born Sept. 6, 1933, in Black River Falls, Wis., and had been a resident of Madison for more than one year.

A homemaker, she was of the R.D.S. faith.

Survivors include one son, Larry Bush of Madison; two daughters, Vivian Riggins of Hopkinsville, Ky., and Janice Davis of Bluefield, W.Va.; two brothers, Charlie Scafe of Clarksville, Tenn., and Aleck Gunderson of Minnesota; nine grandchildren; and one great-grandchild.

She was preceded in death by her husband, Perry Bush, whom she married Oct. 22, 1952, in Wisconsin, and who died in April 1980; and her parents, Joseph and Hanna (Ejorke) Scafe.

Services were Tuesday at Fugus-Hinton Funeral Home in Hopkinsville. Burial was in Riverside Cemetery in Hopkinsville.

Local arrangements were handled by Thomas Memorial Mortuary in Granite City.

## Gilda Thornburg

Gilda M. (Richardson) Thornburg, 107, of Granite City died at 1:35 p.m. Friday, Jan. 12, 1996, at Colonnades Nursing Home in Granite City, where she had lived for 11 years. She was born Nov. 4, 1888, in Staunton, and had been a resident of Madison County for many years.

A homemaker, she was a former member of Niedringhaus United Methodist Church in Granite City.

Survivors include two sons, Ruth Townsend of Branson, Mo., and Edna Newman of Alton.

She was preceded in death by her husband, Muri E. Thornburg, whom she married in 1906 in Madison County, and

who died in 1950; one son, Norman Eugene Thornburg, who died in 1961; and her parents, Thomas and Minnie (Sparks) Richardson.

Private services were held Tuesday at Mercer Mortuary in Granite City with the Rev. Bruce Rushing officiating. Burial was in Sunset Hill Memorial Estates in Glen Carbon.

Memorials to the donor's choice are suggested.

## H. Mouradian

Hripsime "Houry" (Deokmedjian) Mouradian, 46, of Granite City died at 7:20 p.m. Saturday, Jan. 13, 1996, at St. Elizabeth Medical Center. She was born Oct. 10, 1949, in Beirut, Lebanon.

A registered nurse in the obstetrics department at St. Elizabeth Medical Center for 18 years, she was a member of St. Gregory Armenian Apostolic Church in Granite City.

Survivors include her husband, Greg Mouradian, whom she married Aug. 10, 1974, in Beirut; one son, Sako Mouradian of Granite City; one brother, Avo Deokmedjian of Los Angeles; two sisters, Sona Akiwi and Azo Sahagian, both of Los Angeles; and one grandchild.

She was preceded in death by her parents, Hagop and Mary (Tchatorian) Deokmedjian.

Services were Monday at the St. Elizabeth Medical Center Chapel in Granite City with the Rev. Vartan Kassabian officiating. Her remains were to be cremated. Arrangements by Irwin Chapel in Granite City.

Memorials are requested for St. Gregory Armenian Apostolic Church, 1732 Maple, Granite City, Ill., 62040.

## Ulcie Kocot

Ulcie (Edmonds) Owens Kocot, 84, of Granite City, formerly of Erin, Tenn., died at

6:30 a.m. Monday, Jan. 15, 1996, at her residence, following a six-year illness. She was born Sept. 9, 1911, in Cadiz, Ky., and had been a resident of Granite City for 56 years.

A packer with Erin-Willard Home Products for 20 years prior to her retirement in 1989, she was a member of Grace Baptist Church in Granite City.

Survivors include one son, James Owens of Granite City; two sisters, Nellie Ireland and Ruby Jones, both of Granite City; 10 grandchildren; and 17 great-grandchildren.

She was preceded in death by her first husband, William C. Owens, who died in 1951; her second husband, Edward J. Kocot, whom she married in Granite City, and who died in 1988; two sons, Charles W. and William L. Owens; her parents, G.G. and Cora (Shelton) Edmonds; and two brothers, Loney and Ranson Edmonds.

Visitation is from 4 to 8 p.m. today, Wednesday, and 9 a.m. to 1 p.m. Thursday at Mercer Mortuary, 1416 Niedringhaus Ave. in Granite City, where services are at 1 p.m. Thursday with the Rev. Bob Jones officiating. Burial will be in St. Adalbert's Cemetery in Fairview Heights.

Lavanch Hall

Lavanch Reyn (Gohler) Hall, 86, of Edwardsville, formerly of Granite City, died at 8:15 p.m. Saturday, Jan. 13, 1996, at Anna Henry Nursing Home in Edwardsville. She was born May 30, 1909, in Murphysboro.

Survivors include three daughters, Lee Guenther of Granite City; three grandchildren; and three great-grandchildren.

She was preceded in death by her husband, Arthur Raymond "Doc" Briggs, whom she married in 1926 in Granite City, and who died in 1954; one son, Harold Edwin Briggs; and her parents, Dallas and Lela Frances (Barton) Gohler.

No services were held.

Arrangements were handled by Weber Funeral Home. Memorials are requested for the Alzheimer's Association, in care of the funeral home, 304 N. Main St., Edwardsville, Ill., 62025.

(See OBITUARIES, Page 6B)

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## Project

(Continued from Page 1A)

other materials including railroad ties and asbestos-containing material.

Some of the contamination has migrated off site, according to the IEPA.

The access road is being built to connect 29th Street in North Granite to 22nd Street in West Granite. The property on which the contamination was discovered belongs to Norfolk and Southern Railroad Company, Baudendistel said, but is to be given to the city as part of an ICC order.

The ICC order issued last year calls for Norfolk and Southern to close two dangerous railroad crossings in North Granite — one at the intersection of Nameoki Drive and Missouri Avenue and the other at 29th Street and Missouri Avenue. Norfolk and Southern is to give the city about \$250,000 and the ICC is to give the city \$500,000 as a part of the project.

Because two major entrances to the North Granite neighborhood would be closed, the city decided to use the funds to build two new access roads for North Granite. One of those roads is to run from Sinclair Street to Colonial Drive near West Pontoon Road and is currently under construction.

The other — known as the Feralloy Access Road — is to run parallel to the railroad tracks and connect 29th Street near Peralloy in North Granite to 22nd Street near Jennison Wright in West Granite. That road is expected to be made a part of the city's truck route, carrying trucks to and from Feralloy, a steel processing company.

To construct the Feralloy Access Road, however, it was necessary for the railroad

company to convey to the city a strip of land and a portion of the railroad tracks. Baudendistel said Norfolk and Southern agreed to "give" the property to the city for the project.

Generally, ownership of contaminated property carries with it some responsibility for the costs associated with the cleanup.

City Attorney Leo Konzen said he has been in correspondence with attorneys for Norfolk and Southern, but that those discussions are confidential.

Norfolk and Western Railway Co., a division of Norfolk Southern Corp., is listed by the IEPA as one of the companies potentially responsible for the Jennison-Wright cleanup.

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## Plants

(Continued from Page 1A)

retroactively was a "breach of contract" with business. "People took advantage of the law and began to invest in these incinerators," she said.

She said pulling support for the plants after so much has been invested sends the wrong message to businesses considering moving to the state.

"The state of Illinois has an obligation to each and every one of us to stand up and take a good hard look at what they are doing. How much stability will there be for businesses to come to the state of Illinois?" Bowles said.

Environmentalists opposed to the projects also attended the press conference.

Kathy Andria of Stop Polluting Illinois said plant developers knew the state might eliminate tax supports.

"Polsky took a gamble and lost," she said in a release handed out at the meeting. "The loss incurred by Polsky is simply another cost of doing business."

Jim Bensman of the Sierra Club said the tax incentives were "corporate welfare" that would line the pockets of the rich. "They're rich and powerful and can buy their politicians," Bensman said of the developers.

He also said that if the plants were allowed to be completed, they would increase cancer and death rates.

## Drive

(Continued from Page 1A)

those plants that are either under construction or have been approved for siting.

Officials at the governor's office would say only that Edgar would "review" the legislation repealing the incentives but wouldn't comment on whether an amendatory veto was being considered or not.

On Friday, Edgar spokesman Eric Robinson confirmed speculation that Edgar's staff has urged him to consider grandfathering some plants where there has been significant investment because of the potential for lawsuits against the state.

In his State of the State speech Wednesday, Edgar urged repeal of the retail rate law. Robinson said that since then we are hearing from a lot of people and we're getting calls and letters on both sides.

The impetus for the repeal was opposition to a \$400 million trash-to-energy plant in Robbins, a Chicago suburb. Several incumbent office holders in that area are facing stiff opposition, and there has been much opposition to the development.

Construction of the Robbins plant is about 70 percent complete, and developers said last week they believed lawsuits against the state would be successful if the incentives they had relied on were retroactively taken away.

Plant officials also said they still expect the plant to be completed by the end of the year, but there will be a default on the \$380 million in bonds sold to finance construction if the state incentive is lost.

Siting for the Madison plant was approved by the city council in September, but opponents filed an appeal with the Illinois Pollution Control Board. Hearings on that appeal were held Jan. 8.

If completed, the Madison plant and an adjoining fuel processing plant would provide about 80 jobs and double the tax base of the city and school district.

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## Woman is from Worden

## Millikin grad in mini-series

The name Heather Burress of Worden isn't a household name but she is doing her best to make it one.

The former Millikin University student recently finished working on a role in a mini-series for NBC titled "Seduced by Madness: The Diane Borchardt Story." The two-part show will air during "sweeps week" in February and is based on the story of a Wisconsin woman who convinced her study hall students to kill her husband.

Stars Anne Margret and Peter Coyote; it is directed by John Patterson, who directed the award-winning "Hill Street

Blues" and has done several television mini-series. Burress began work on the project soon after the filming of the movie "Foxfire: Confessions of a Girl Gang," in which she plays one of two main characters.

The film is scheduled for a Los Angeles premiere in April and then will be distributed in large markets. Depending upon the interest generated in the large cities, the film may be released regionally. Burress said she "has been auditioning for almost everything," and hopes to continue her success. "People come out to

Hollywood with nothing and try to win it," she says. "A lot of them try to come out and get noticed because of their looks and it just doesn't seem to work."

"Right now, I am doing it for the money. I am looking to make a name for myself and be a part of projects I believe in."

"In order to act, you have to have knowledge about the theory of acting, which I was fortunate enough to learn at Millikin. I have been telling all the directors that will listen about Millikin and its program."

## Here are a few handy Tips for January

by the experts at

### FRANK'S NURSERY & CRAFTS

January doesn't offer the avid gardener much in the way of landscape activities. Or does it? Frank's experts are always searching for ways gardeners can keep their thumbs green. And this year is no exception. Here are several ideas.

Start an amaryllis. You'll enjoy watching its rapid growth and development. The flowers it produces are four large tubular blossoms. They're offered in many different flower colors.

Tropical plants can be grown under fluorescent lights with excellent results. Suspend the tubes 15 to 20 inches above the top of the plants. Lamps should be left on for ten to fourteen hours per day.

Tie upright evergreens such as arborvitae and red cedar to protect them from heavy snow loads.

Check vines in the garden to be sure that the winter winds haven't loosened them from their supports.

Remember to water houseplants less during the short days of January and February. Flowering houseplants can brighten up any home, and they generally last much longer than cut flowers.

Check stored dahlias tubers and cannas rhizomes. Discard any that are rotting.

January's an excellent time to plan your spring garden. The selection of flower and vegetable seeds is at its best now, early in the season.

If you'd like to increase the humidity in your home, but a new humidifier for the furnace isn't in the budget, place plants on pebble trays. Grouping plants together also helps. You may want to consider a small humidifier for around the plants.

Christmas cactus can be kept in high light throughout the winter months. In the spring, move plants to an area with medium light.

Keep your poinsettia plants in a cool, medium light area, preferably near windows, and avoid excessive temperature fluctuations. Don't allow the poinsettia's leaves to contact

the window glass, though.

Move African violets away from windows on those nights when the temperature drops below 40°.

Rotate your houseplants. Give them a quarter turn at each watering. This will provide even growth.

Wood ashes from your fireplace make a great soil amendment, but use them in moderation. Spread them on your vegetable garden to help raise the pH and provide trace elements. Remember, wood ashes only. Don't use the residue from pre-wrapped fire logs.

If and when a nice winter thaw rolls around, seize the opportunity to apply an anti-desiccant spray of Wilt-Pruf to broadleaf evergreens. This protects them from cold drying winds. Water carefully.

If you're using your discarded fresh-cut Christmas tree as a bird haven, place some suet and other bird goodies on it. No old Christmas tree? Any evergreen tree in the yard will do just fine.

Spring will be here sooner than you think. Take some time now to check the condition of your garden tools and lawn mower. If the mower needs a little overhaul, there's still time for the repair shop to have it a while before it'll be pressed into service. Finding garden tool problems now will eliminate any surprises come spring.

## Horoscope

**Wednesday, Jan. 17**  
The moon, right behind the Capricorn sun, is in Sagittarius. This is a guardian angel aspect, and because this galaxy position affects everyone, the public — and those out of power in general — will discover truths about government that are not too pleasant. Yet, citizens fight back effectively new, winning lawsuits, votes and clout. Individuals can successfully fight huge corporations and win.

**ARIES (March 21-April 19):** A cauldron of intensifying emotions requires that you talk directly with lovers, kids and co-workers. Show moral leadership and you gain long-term prominence. Reverse financial errors by taking losses now.  
**TAURUS (April 20-May 20):**

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You are disillusioned, but you will succeed with your next try. Old-fashioned ideas are no longer relevant. Investment advisers may be keeping things from you. A new love is unusual but not disloyal.

**GEMINI (May 21-June 21):** Many people are in the same boat as you. Power comes from group actions. Only a fraction of a loan, whether financial or emotional, will have to be repaid. A current partner or friend offers to pay for a seminar — accept.

**CANCER (June 22-July 22):** A job is not as difficult as it seems. Break down projects into mini-tasks. Renewed passions convince you that your lover is still in love with you.

**LEO (July 23-Aug. 22):** Spend money and time to improve your lifestyle. Diets, exercise and health regimes are highly beneficial. Join a partner who is ready to take on more financial responsibilities.

**TODAY'S BIRTHDAY (Jan. 17):** Your uplifted moods and increased career focus turn your life around. Singles find love and, more importantly, support. By March, you're repaid for work done last year. In June, money comes through.

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**History revisited** — In recognition of the city's Centennial celebration this year, the McDonald's restaurant in downtown Granite City has purchased and is displaying 15 photographs depicting significant places and events from the city's history. Pictured here in front of one of the photographs, from left, are Loretta Harmon, McDonald's marketing coordinator; Keith Eyer, store manager; Georgia Engelke, who supplied many of the photographs; Kurt Kibens, an employee of JK Designs, who hung the pictures; and Ian Kyle of JK Designs.

## Plan would allow casinos to share gaming positions

**SPRINGFIELD** — Illinois casinos could "lease" their unused authorized gaming positions to struggling casinos under a plan being floated by the industry.

Boats that are not using their maximum legal capacity of 1,200 gaming positions could lease them to another casino and share in the revenue, helping both bigger and smaller boats, said Robert Swain, lobbyist for the Illinois Riverboat Gaming Council.

For instance, a boat using only 900 of its 1,200 positions could transfer the unused 300 positions to another boat and share in the take.

Swain mentioned the Alton Belle as one of the casinos with room for more positions, but that drew a puzzled response from G. Dan Marshall, spokesman for Argo Gaming Co., owner of the Alton Belle.

He noted that the Alton Belle is already filled to its design capacity with slot machines and table games. "There are no plans that I'm aware of to put another boat here," he added.

According to the Illinois Gaming Board, the Alton Belle is using 797 gaming positions, with 403 to spare.

Marshall said he was not aware of the proposal revealed by Swain or whether Argo would have any interest in leasing its unused positions. Swain contended the plan would let everyone make more money by allowing larger boats at or near the current legal limit to expand and help smaller boats boost their revenues.

The group also is seeking

dock side gaming authority from law makers. Coupled with leasing, those changes could bring in enough additional revenue at current tax rates to cover a \$26 million state cost for health insurance costs for retired teachers, industry officials said.

Gov. Jim Edgar in October proposed raising the tax rates on casinos on a sliding graduated scale, with the teacher health insurance subsidy one of the beneficiaries.

State Rep. Steve Davis, D-Bethalto, is opposed to Edgar's plan, arguing tax rates are already high enough and "we could end up killing the goose that laid the golden egg" if they are raised.

Davis also turned thumbs down to the lease idea, saying it was contrary to "the reason riverboat gambling was initiated in the first place — to help some of these river towns that were depressed, not to benefit the owners."

Rep. Ron Stephens, R-Troy, who sponsored a dockside gaming bill last spring that was never called for a final vote, said he opposes the leasing concept.

"If they have 1,200 positions now, they're doing quite well and this looks like a grab for more gambling expansion and I'd be opposed," he said.

Besides the Alton Belle, casinos now significantly under the 1,200 gaming positions allowed by each license include the Casino Rock Island, with 504 positions, the Metropolis Players with 835, Peoria Par-A-Dice with 959 and Aurora Hollywood at 981. The currently shuttered Silver

Eagle in East Dubuque has 561 positions.

At or near the maximum are the Casino Queen in East St. Louis with 1,200 positions; Elgin Grand Victoria, 1,195; Joliet Harrah's, 1,197; and Joliet Empress, 1,198.

Edgar will continue to push his plan to raise the state taxes on the most lucrative boats, spokesman Mike Lawrence said.

— From the Alton Telegraph

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**Crosswords** — Students in Belleville Area College's English as a Second Language program at the Granite City Campus work on crossword puzzles to help them improve their language usage and spelling skills. Aide Ann Jenkins of Troy, center, helps students, Amita Patel of Collinsville, left, and Sophie Neunuebel of Granite City work on their puzzles. Patel is originally from India and Neunuebel is from Taiwan.

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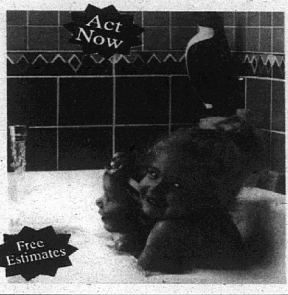
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## State of the State speech

# Edgar stresses education

SPRINGFIELD — Gov. Jim Edgar proposed a wide range of initiatives and revived some old proposals Wednesday in his State of the State speech.

Edgar proposed new state initiatives to help link school districts to new technology, expand parole supervision, consolidate state agencies and cut unemployment insurance taxes.

He also touted some of his previous proposals like a higher graduated tax on most riverboat casinos, charter schools and a plan to guarantee Illinois workers access to health insurance if they change or lose their jobs.

And he called for legislative action to lower the speed limit on county and township highways to 55 mph.

The limit was raised to 65 mph in December when the federal speed limit was repealed.

Edgar devoted nearly a quarter of his 40-minute address to education issues.

He announced a "goal of having every school in Illinois on-line. The Internet will replace the encyclopedia."

"I am announcing today the state will build a statewide network," Edgar said. "We will run a high-tech 'T-One' line into every one of the 903 school districts in Illinois and then pay for the ongoing line charges for that equipment."

A commission headed by former University of Illinois President Stanley Ikenberry will make recommendations on school funding "in a few months."

"I am confident this commission will give recommendations that we can accept and move on," Edgar said. "I am very hopeful that we can endorse and embrace these recommendations before the final gavel falls on this session."

Edgar blasted "demagoguery from vote-hungry politicians and headline-hungry newspaper reports" contending that hiring more parole agents would reduce crime.

However, he said he would seek to hire 32 more parole agents to increase supervision of sex offenders.

He said he would also seek more drug abuse programs for former convicts.

Edgar said he would ask lawmakers to approve consolidation of the seven existing major state social service agencies into a single Department of Human Services.

The agencies are Public Aid, Public Health, Children and Family Services, Mental Health, Aging, Alcoholism and Substance Abuse and Rehabilitation Services.

He said it would cut bureaucratic overhead and enable the state to better respond to expected block grants from the federal government.

"We cannot afford to tackle the significant challenges we face with separate and overlapping bureaucracies and services that sometimes duplicate each other," Edgar said.

While praising Illinois' economy, Edgar also advocated a \$200 million cut in unemployment insurance taxes paid by employers, arguing the trust fund "has a healthy surplus."

On Tuesday, major statewide business groups proposed a \$128 million cut.

Employers paid about \$1.5 billion last year into the fund, which has a balance of more than \$1.6 billion.

Edgar also proposed state funding for a "state-of-the-art warning system that will trigger a loud and clear alarm to a (school) bus driver ... that a train is approaching."

And he said he would seek to tighten a law passed last year that allows employers to monitor employees' conversations.

"It should be changed to apply strictly to the telemarketing industry, which sought the bill so it could monitor the sales performance of its employees."

— From the Alton Telegraph

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95 Probe GT, #5447, Auto, Stereo	\$14,980	\$12,790
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## BASKETBALL

Granite City Park District needs basketball coaches for new junior high school-age program.

Page 2B

# No. 1: Warriors win Geneseo Tourney

## Grapplers place 11 in top 6

By Rob Raphael  
Staff writer

In a time when the Granite City Warriors had to either put up or shut up, they got a huge team effort and put their No. 1 ranking right up in the face of Chicago Mt. Carmel and the rest of Illinois wrestling.

The Warriors proved their ranking is no fluke by winning the prestigious Geneseo Tournament Saturday. Granite City placed 11 of their 13 wrestlers in the top six. Mt. Carmel, proving they're at least the second-best team in the state, placed 10 in the top six.

The Warriors had only one champion — Chris Janek at 275 — but came up with the kind of team effort needed to beat Mt. Carmel.

"I TOLD THE GUYS THAT WE WOULD NEED A total team effort, and we'd have to have everybody place," said Warrior coach Mike Garland. "We didn't quite get that, but anytime you beat the three-time Illinois champion and the No. 1 and 2 teams in Iowa, you have to be happy."

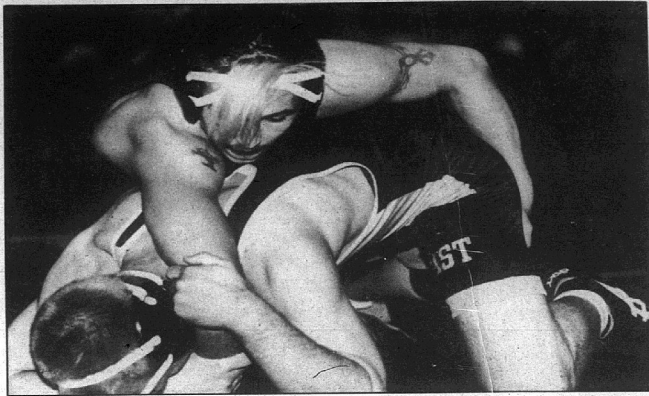
Granite City finished with 186.5 points, with Mt. Carmel second at 171.5 points. Cedar Rapids Prairie (Iowa) was third with 160.5 points, and New Lenox Providence was fourth with 153 points. Two-time Iowa champ Pleasant Valley was fifth at 119.5 points.

The Caravan, who had not lost anything — either a tournament or dual meet — in over three years, had three champions; as did Cedar Rapids, the No. 1-rated team in Iowa.

JANEK LED THE WARRIORS WITH HIS FIRST-PLACE finish at 275 pounds. Five other Warriors had a chance to win title, but still did well to finish second.

"We actually did not have a very good final round," Garland said. "We're not happy with that, but with the excellent competition on hand, you can't be too disappointed."

Placing second for the Warriors was John Kelly (112), Bobby



Jeff Estrada (top) against Belleville East recently. At 145, Estrada placed second for the Warriors. His unbeaten record was broken by a technical fall in the finals.

(Staff photo by JOHN FRESSE)

## Illinois teams rank with nation's best

By Rob Raphael  
Staff writer

Granite City wrestling coach Mike Garland says their are a handful of top-flight wrestling states in the country.

"You have states like Pennsylvania, and Iowa. And I think Illinois is right up there with them. We proved that this weekend, I think."

With Granite City leading the pack, Illinois placed two teams ahead of the No. 1-ranked team in Iowa, Cedar Rapids Prairie. Two-time defending Iowa state champ Pleasant Valley could manage only a fifth-place finish at the Geneseo Tournament.

The Warriors had 11 of their 13 wrestlers in the finals Saturday night, six of them battling for first place. Only one Warrior emerged from that group — heavyweight Chris Janek — but all of the placers picked up

(See NATION, Page 4B)



Art Voellinger

## Wedding is host to baseball past

The December wedding of McKendree College baseball coach Dennis Pieper and Joan Kremmel Gummshelmer in Columbia not only had a "diamond" touch via the invitation and official scorecard at the reception but featured many stories.

I wondered how many other married couples could point to guests like World Series veterans Ray Rippelmeyer of Valmeyer and Rich Hacker of Belleville.

Although Joan's brother Jim reached the major leagues as a pitcher with the Chicago Cubs, Rip was the pitching coach of championship Philadelphia teams featuring Steve Carlton, and Hack was one of Whaley Herzog's coaches when the Cardinals ruled.

FOR BASEBALL BUFFS it will not take another wedding to share the baseball past of the Southwestern Illinois area. On Sunday, Feb. 18, the Mon-Clair League will hold its annual Oldtimers' Day at the Columbus Club in Millstadt. Game time is 1:30 p.m. with former and current County League players, coaches, managers, umpires and fans urged to attend at \$6 per person. Reservations and further information can be obtained by contacting Syl "Tuffy" Mueh at the Columbus Club at 476-1861.

"It's our way of getting ready for the coming baseball season," said Mueh, who urged persons to bring scrapbooks or photos to spice the hot stove conversation. By coincidence, Mueh was the manager of a game that was recalled at the Pieper-Gummshelmer reception where Rippelmeyer revealed that he continues to throw batting practice when coaching for the New York Mets. Columbus, S.C. Class A minor league team.

In 1955, Rippelmeyer was on leave from the U.S. Army at Fort Leonard Wood and became involved in one of the most memorable games in County League history when his home run in the bottom of the 18th inning game Merrimac a 1-0 win over the Millstadt VFW.

When Rippelmeyer and Ron Rutawitz, who hurled 17 scoreless innings for Millstadt in that game, were inducted into the Mon-Clair Hall of Fame in 1987, this corner noted the contest but without details since gained.

(See BASEBALL, Page 2B)

## Petrillo ready for GC football

By Rob Raphael  
Staff writer

Nick Petrillo is ready. He's ready to begin a job he's wanted for many years, and he's ready for the challenge of turning around a program which has struggled over the past few years.

Petrillo said he will immediately begin planning for his first season as head coach of the Granite City High School football team. After four successful years at Grigsby Middle School, Petrillo takes over for Don Harris, who resigned after the 1995 season.

"Petrillo said the first thing he wants to do is develop a coaching staff and meet his players."

"SOME OF THESE PLAYERS I probably coached before, but there are still a lot of people to get to know," he said. "I need to speak to (Athletic Director) Jerry (McKeehan) to see if we can get up times to meet with all of the players. I need to introduce myself to them, and get acquainted real quick."

"At the same time, we need to be working towards putting a staff together. There are a lot of good coaches out there. I'll just have to talk to all interested coaches and find out who shares my plans and goals."

Petrillo's assistant at Grigsby was Greg Garland, and Petrillo said he would enjoy bringing Garland into the GCIS football program.

"In what capacity, I'm not sure," he said. "I don't know, we'll have to work on that. Greg would be a big plus. We've worked together and he knows my philosophy."

Petrillo said his teaching future is uncertain. He currently teaches at Frather elementary school. He said the ideal situation would be to transfer to the high school, but he said he wouldn't be opposed to staying put at Frather, either.

Petrillo, who turns 49 today (Sunday), says his experience and maturity should help him in guiding the Warriors. He has coached at all three amateur levels: junior high, high school and college.

"I THINK I CAN BRING SOME wisdom and teaching to the program," he said. "All three levels are similar: you just have to water things down with the younger kids. I don't want to sound egotistical, but you can only go as far as the kids will let you. As they grow as a team, we can add on to the program."

Petrillo added he will consider himself head coach and offensive coordinator, letting three other coaches concentrate on defense.

He said he will try to build an offensive foundation from the 'I' formation, using multiple schemes. At times there will may be

(See PETRILLO, Page 4B)

## Lady hoops: Only real struggle is shooting

By Rob Raphael  
Staff writer

With a just a few games remaining until regional time, the Granite City Lady Warriors are trying to find the scoring touch.

Defense? Pretty consistent actually, and very good at times. Effort? No question, it's there every night. Character? The Lady Warriors have it in abundance.

The only thing Granite City has struggled with this season has been their shooting. When they get even an ounce of shooting luck, they can play with just about any team in the area.

Playing in one of the toughest conferences in southern Illinois hasn't helped. After beginning their conference schedule 2-0, the Lady Warriors have found the going rough, struggling to their current mark of 3-3.

Still, 500 in the conference and just a game under that — 7-6 — overall, isn't too bad for a young team with a first-year coach.

"We've been going through growing pains all year," said GCHS coach Chuck Kraus. "We've suffered through so many injuries and gone through so many lineup changes. Continuity has been a problem. The more they play together, though, the more that will help us down the road."

AFTER A LOPSIDED LOSS to Belleville West last week, the Lady Warriors rebounded and got past a much-improved Alton team last Friday, 43-37.

"West is just a strong team and a great program," said Kraus. "But I liked the way we put that behind us and came out and beat a team that's much, much better than the first time we played them. I knew it would be tougher playing in their place."

"But to go out and win a big conference game, on the road, after a big loss, says something about these girls."

With key losses to Geeta Kumar (knees) and Stephanie

(See LADIES, Page 4B)

## Injured Briggs back on the court

### 4-9 Warriors head to Salem Invitational Tourney

By Rob Raphael  
Staff writer

Last Thursday, it was reported in the Press-Record that Kyle Briggs would be out for the season due to a knee injury.

Surprise! That night, Briggs was practicing with the Warrior basketball team, and he now has decided to not wait for baseball and actively finish the hoops season.

No, it wasn't a planned effort to fool this reporter. It was simply Briggs deciding that his knee was good enough to play.

"The kids got a kick out of the fact that he was reported out for the year but was practicing that night," said Warrior coach John Van Buskirk. "But he will play basketball this year, and I didn't change that," Kyle did.

"He's worked hard to get back into shape, and his Dad and I talked about it. The doctor says the knee is there, and Kyle's a hard-nosed kid. He wants to play. The decision I made last week wasn't the right decision for Kyle."

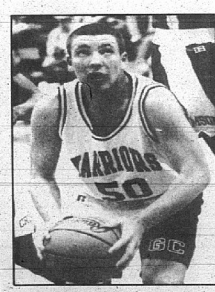
Briggs' return, although he will be worked back into the lineup slowly, should bolster the Warriors' enthusiasm as they prepare to begin play in the Salem Invitational Tournament. Granite City (4-9) needs a boost, as their level of play has dropped since the Collinsville Tournament.

"We're back to four straight losses," said Van Buskirk.

"We just have to start feeling good about ourselves again. That loss to Decatur MacArthur (in the Collinsville consolation bracket) was more devastating than I originally thought."

"We were playing pretty good ball up to then, and it just put us back in the same place we were before that tournament. I don't know why we've played parts of games very well, but we can't finalize a game."

The Warriors were within



(Staff photo by JOHN FRESSE) Warrior Dustin Brewer's ankle is healthy again.

five points of Alton (45-40) late in last Friday's conference battle, but allowed two quick layups by the Redbirds that put the deficit back to nine.

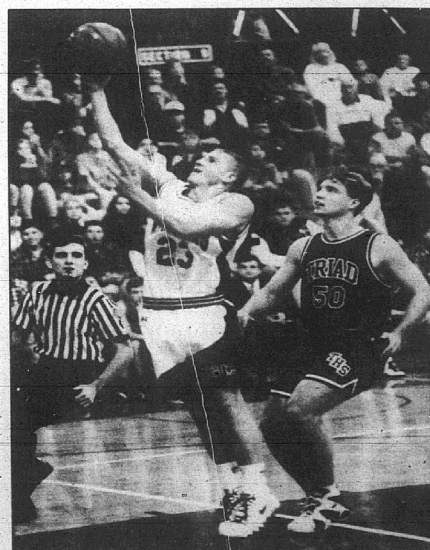
Other than Briggs, the Warriors are at least somewhat healthier than they were at this time last week. Dustin Brewer's ankle is healthy, but Jeff Wallis is not. It is still unknown when Wallis might return to the lineup.

SO THE WARRIORS WILL try to put a solid 32 minutes together at Salem, where they've played well in past years. Granite City starts off the tournament Wednesday night with an 8:30 p.m. match-up against the host Wildcats.

If the Warriors win Wednesday, they would play at 7 p.m. Friday against the winner of the Centralia/Wood-River game. If Granite City should lose, they would play in the consolation semifinals at 12:30 p.m. Saturday afternoon.

A total of eight teams are in the tournament. In the other bracket are Edwardsville, Charleston, Mt. Vernon and Effingham.

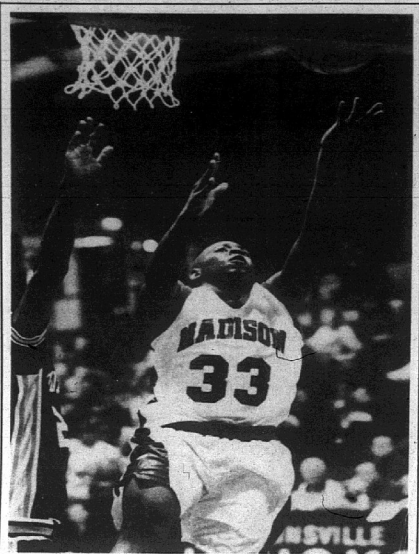
"I think this is a pretty good draw for us," Van Buskirk said. "The only thing we've heard about them is that they're very big, but they don't know too much about us, either. We usually have a decent tourney there. It's a nice place to play with a nice atmosphere, and they always take good care of us there."



(Staff photo by JOHN FRESSE) Kyle Briggs (23) in action against Triad earlier this season. Briggs simply decided his knee was good enough to play.



## Sports shorts



**Madison hoops** — Madison's Jerrind Howard in the recent Collinsville/Schnucks Holiday Classic. The Trojans were 1-1 in the tourney.

(Staff photo by JOHN FRESE)

## •Baseball

(Continued from Page 18)

"When Tuffy took me off the mound and put me at second base in the 18th, I told Danny McWhorter (the Millstadt relief pitcher) not to give Ray anything good," said Rujawitz. "Ray was their first batter in the inning, and the first pitch was right down the middle. I can remember Ray stepping out of the batter's box, hitting the ground with his bat and saying, 'I'll never get another pitch like that to hit.'"

Rippelmeyer then hit the next pitch into a corn field in left field to end the game although Rujawitz claimed he either forgot or never knew what happened to the fly ball that became a ground rule homer when it entered the corn field.

"I caught it," said Millstadt left fielder Kenny Muskopf, who only had to go a few rows back to catch the ball.

The hit not only ended the game but marked a pitching

victory for Rippelmeyer, who entered as a reliever in the ninth inning.

"Rip could still get guys out today," Pieper said of Rippelmeyer, an outstanding minor league pitcher before reaching the major leagues with the Washington Senators in 1962.

Rippelmeyer will work out at McKendree to prepare for spring training and the regular season where it is not unusual for him to throw from 35 to 40 minutes daily.

"He has amazing control and an excellent curve ball," Pieper said of the 62-year-old righthander.

Like Rippelmeyer, Rujawitz

was a fastballer in his youth when he helped pitch Belleville Township to a state title in 1954 before signing with the Chicago White Sox.

"I pitched against guys like Tony Kubek and Lee Thomas," Rujawitz said of his stint with Madisonville, Ky., of the Kitty League.

**EXTRA INNINGS:** The first mass at the new St. Mary's Catholic Church in Valmeyer was said on Christmas Eve by Fr. Ed Hustedde. Years ago, Father Ed was the righthanded pitcher for Waterloo of the Mon-Clair League.

large Hall on Hwy. 111 in Pontoon Beach.

Signups will continue through the months of January, February and March, on Wednesdays and Thursdays from 6 p.m. to 8 p.m. Interested parties should bring birth certificate and photograph.

For more information, call Jde at 787-5477 or Tracy at 931-1291.

**SIUE hitting clinic**  
Head coach Sandy Montgomery will offer part one of the Southern Illinois University at Edwardsville Cougar softball clinics Jan. 17 at 6:30 p.m.

The first clinic will cover all facets of hitting, including basic mechanics, corrections, bunting and slap hitting. Additional instruction will be provided by assistant coach Joe Fisher, student assistant Jayne McMath and current Cougar players.

The clinic, which is for sixth through 12th graders, takes place at SIUE's Vandalia Center. The cost of the clinic is \$15. For more information, contact the Cougar softball office at 692-2871.

**Basketball coaches needed**

The Granite City Park District is planning to start a junior high school-age basketball program. But before the program can begin, the Park District must know if there is a sufficient number of coaches who would be available to manage the participants.

The program would be held at the Lincoln Place Community Center.

(See SHORTS, Page 4B)

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## District softball meetings set

The Granite City Park District's Women's and Co-Ed softball organizational meeting for 1996 will be held on Tuesday, Jan. 23 at 7 p.m. at the Harold Brown Recreational Center on Franklin Avenue in Granite City.

The meeting is for managers of teams in last year's program and for those who would like to manage a team this year. For more information, call the Wilson Park office at 877-3059.

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Place: Collinsville VFW



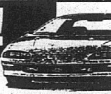
**Eligibility:**

- Boys born between 1983 and August 31, 1990 and those born in 1982 who will not be freshmen in the fall
- Girls born between 1982 and August 31, 1990 and those born in 1981 who will be entering their freshman year this fall
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215/75SR15	W/W	79
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P205/75R15	BLK	56
P215/75R15	BLK	57
P225/75R15	BLK	58
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P205/75R14	BLK	63
P215/75R14	BLK	67
P225/75R14	BLK	71
P195/75R15	BLK	64
P205/75R15	BLK	65
P215/75R15	BLK	67
P225/75R15	BLK	71
P235/75R15	BLK	73

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P205/75R14	BLK	87
P215/75R15	BLK	90
P235/75R15	BLK	98
P195/75R14	BLK	66
P195/75R14	BLK	77
P205/75R14	BLK	80
P215/75R14	BLK	83
P205/75R15	BLK	84
P215/75R15	BLK	87
P205/75R15	BLK	90
P215/75R15	BLK	92
P215/75R15	BLK	103

**IMPORTS**  
COMPACTS

**ROAD HAZARD POLICY**

WHITEWALL	BLK	\$
155SR12	BLK	\$40
145SR13	BLK	40
155SR13	BLK	41
165SR13	BLK	43
165SR15	BLK	49
175/70SR13	BLK	48
185/70SR13	BLK	49
185/70SR14	BLK	51
195/70SR14	BLK	53
205/70SR14	BLK	56

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LT195/75R14/6	BLK	\$83
LT235/75R15/6	BLK	104
30x9.50R15/6	BLK	108
31x10.50R15/6	BLK	115
31x11.50R15/6	BLK	124
33x12.50R15/6	BLK	139
LT215/85R16/8	BLK	115
LT235/85R16/8	BLK	125
7.50R16/8	BLK	122
LT225/75R16/8	BLK	114
LT245/75R16/8	BLK	126
LT265/75R16/8	BLK	145
LT235/85R16/8	BLK	121
8.75R16.5/8	BLK	117
9.50R16.5/8	BLK	129
33x12.50R16.5/8	BLK	157

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P205/70SR14 \$62  
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P225/70SR15 \$69  
P235/70SR15 \$80

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P215/60SR14 \$67  
P235/60SR15 \$75  
P275/60SR15 \$88

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**H-RATED**  
BLACKWALL

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195/65SR14 \$66  
185/65SR15 \$65  
195/65SR15 \$73  
205/65SR15 \$75  
185/60SR13 \$55  
195/60SR14 \$63  
205/60SR14 \$68  
195/60SR15 \$66  
205/60SR15 \$72  
215/60SR15 \$74  
225/60SR15 \$77

PERFORMERS

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225/60VR15 \$100  
225/60VR16 \$106  
195/50VR15 \$107  
205/50VR15 \$124  
225/50VR15 \$144  
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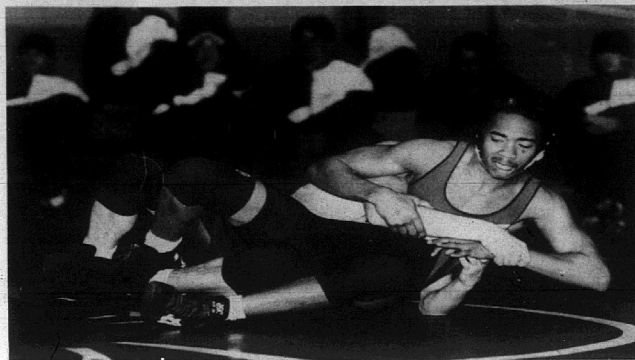
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## SPORTS



Myke Glover against Belleville East recently. Glover (125) placed third for Granite City.

## •Win

(Continued from Page 1B)

Chaulsett (119), Jeff Estrada (145), Jason Wilson (152) and John Venne (160).  
Finishing third for Granite City was Myke Glover (125) and Kevin Feigenbutz (130); while Joe Scott (171) and John Sellers (189) each placed fourth overall. David Thompson also placed, finishing sixth at 140 pounds.  
With just one month remaining in the wrestling season, the job now becomes even more difficult, according to Garland.

"WE HAVE TO GO BACK to the wrestling room now, and ask ourselves 'Is this where we want to be?' I'm sure the answer will be 'no.' That means we'll have to work that much harder to reach the next level."  
"It's not that we need to do that many different things, we just have to do what we know quicker, harder and faster than we do now. We have two to three weeks to do that, and hopefully we can."

## •Ladies

(Continued from Page 1B)

Brandt (hip) Kraus has continued to adjust his lineup. He started freshman Jan Shanafelt on Friday, and she responded with eight of Granite City's first 10 points.  
Some factors have not changed: Denise McMillan is still pumping in 26-something points per game; and Christina Shest is a rebounding machine, averaging 16 boards per game.  
Carrie Simpson is the player who may benefit the most from Shanafelt joining the roster.

"CARRIE IS MUCH MORE comfortable back at her off-guard spot," Kraus said. "Jan looks to be something we've looked for: a natural, point guard. Carrie was playing out of position all this time, and I think she'll play better now that she's back at home."  
Kraus is hoping Tonna Druhe and Anna Tapp, who have both shown plenty of ability this season, can step back up to the forefront. If that happens, and the Lady Warriors can find the basket, the regionals may be a fun time for Granite City.  
"A lot of shots have just gone in and out," said Kraus.

"It's like there's been a lid on the basket. These girls are good shooters, I know they are. Once they hit a few shots and regain some confidence, I think we'll be a pretty good team. We just have to ride out this slump."

"I'd like to at least win a game or two in the regionals, especially for our two seniors."

## •Petrillo

(Continued from Page 1B)

one back, or two, but it all starts from the 'I,' he said.  
"There will be a variety of formations from the 'I,'"

Petrillo said.  
He said he's the type of coach who will give his assistants a lot of leverage.

"Some coaches don't get that, I know, but as long as we're all working toward the same team goals, then I'll stay out of their hair."

**Attention**  
Someone is putting glass and/or anti-freeze in food killing neighborhood animals in the 2400 block of Missouri Ave., Granite City

## •Nation

(Continued from Page 1B)

big points for the Warrior team.  
"Everybody scored points in the final round except two of our wrestlers," said Garland. "When you're going up against the best wrestlers in two states, that's not bad. Everybody did as much as they could, and that's the bottom line. We would have liked a better performance in the final round, but we're happy with the win."

"A LOT OF THE PEOPLE DOWN HERE don't realize what it means to place at this kind of tournament. They think it's easy, like a tournament in this area, but it's not. The effort the kids put forth to place up there is just tremendous."

Any wrestler that makes it through this murky field deserves high marks, and Janek got them from Garland.  
"It certainly solidifies his No. 1 ranking. He's proved that he's the best in three or four states. I hope he doesn't get complacent, because now everybody will focus on him. Before, he was rated No. 1, but now there's no doubt. Everyone will shoot for him."

"He has to be ready, and he has to be in even better shape. It just gets harder from this point, but I think Chris can do what it takes."

Janek is now the Warriors' only undefeated wrestler, at 26-0. Jeff Estrada dropped from the unbeaten ranks when he lost in the finals to T.J. Williams of Mt. Carmel by technical fall. John Kelly lost a tough match at 112 to Jamie Hey of Dixon, 6-4.

Bobby Chaulsett (119) also placed second when he lost to Brian Berg of Chicago Heights Marion, and Jason Wilson fell by decision to Joe Alessio. John Venne lost his little match to Steve Blackford of West Des Moines Downing.

Garland added now that Mt. Carmel knows they can be beaten, they'll be working twice as hard to make sure it doesn't happen again.

"We'll have to get into better shape, stay on the weights, do extra running and refine our technique. I'm very proud of these guys, there's been no lack of effort at all. It's just that there's always things you can improve on in this sport."

**CHAMPIONS FOR THE CARAVAN** included Milton Blakely (125), Malik Elliott (135) and T.J. Williams (145). Williams was named outstanding wrestler in the higher weight classes, which had to be deserved after he beat Estrada by technical fall. Estrada had been undefeated.

Cedar Rapids got titles from Matt Pence (150), Ryan LaGrange (171) and Satori Snow (189).

Joe Lucchi of Iowa City High School was named outstanding wrestler in the lower weight groups. Lucchi was the 165-pound champion.

## Youth league signups

The Granite City Park District is now taking signups for boys and girls wanting to play youth baseball or ponyball softball in the Park District Leagues. This does include T-Ball leagues.

Names are placed on a list and teams are formed from this list or managers who need players will fill their team rosters from the list. Boys or girls who will be six years of age to 16 years may also have their names put on a list and every effort will be made to get them on a team.

Anyone interested in managing a youth baseball or softball team should also call or stop in the park office, as managers are always needed. For more information, call Ray Hoffman at the Wilson Park office, 577-3059.

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## •Shorts

(Continued from Page 2B)

The Kirkwood Athletic Center on Tuesday evenings from 7:45 p.m. to 8:45 p.m. each week for approximately six weeks.  
Anyone interested in coaching is urged to call the Wilson Park office at 577-3059 as soon as possible.

Softball tournaments set  
The Kirkwood Athletic Association will have three ASA-sanctioned softball tournaments in 1996 for girls' fast-pitch softball teams from 6-under up to 18-under and all ages in between.

The tournaments will all be three-game guarantees and will be held on the weekends of April 13-15, May 17-19 and July 18-21. For more information, call Don Leeker at 314-576-5551.

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CLASS	TIME	DAY	WEEKS	FEES: NON-MEMB
<b>KARATE</b>				
Youth - 6-10 yrs	6:00-7:00pm	Friday	8	\$35.00
Adult	7:00-9:00 pm	Friday	8	\$55.00
		Steve Lenglet, Instructor		
<b>STEP-UP AEROBICS</b>	7:00-8:00 pm	Tues. & Thurs.	8	\$35.00
		Sandy Margrabe, Instructor		
<b>HUFF &amp; PUFF</b>	5:15-6:00 pm	Mon., Wed., Fri	8	\$35.00
		Rolla Kelly, Instructor		
	5:15-6:00 pm	Tues. & Thurs.	8	\$35.00
		Janet Collins, Instructor		
<b>VOLLEYBALL LEAGUES</b>	Adult Volleyball leagues are now forming. Rosters and fees must be turned in to the YMCA by Friday, January 12.			
		Friday - Church League		
		Tuesday - Power League		
		Saturday - Coed League		
		<b>FEES: \$185.00 Per Team</b>		
<b>WEIGHT TRAINING INSTRUCTION:</b>	Available free to all our members. Contact: Joe Valencia, Rolla Kelly, or Rich Wittmann			
<b>BABYSITTING SERVICE:</b>	The YMCA baby-sitting service is open for YMCA members and program participants and their children. Care is provided for infants 6 months to children 8 years of age.			
<b>FREE TO ALL YMCA MEMBERS AND PROGRAM PARTICIPANTS.</b>				
<b>HOURS:</b> Monday thru Friday - 9:00 a.m. - 1:00 p.m.				
Your Tri-City Area YMCA membership gives you one (1) free* class every program session (8 wks); Complete use of all the facilities - gym, pool, Free weights, Nautilus, Racquetball, Swim Lessons, Step Aerobics, Karate, Exercise (Huff 'N Puff), Water Exercise (Swim-nastics) - FREE!!				
*Additional classes available for 1/2 the non-member rate* Swim Lessons Available/Birthday Pool Parties				



## Births

**Paul Sutter**  
Paul K. Sutter of Granite City has graduated from the Warrant Officer Candidate School and received an appointment as an Army warrant officer at Fort Tucker, Ala.

The school is an intense 240-hour course conducted in a very rigorous, high-stressed environment. Candidates receive training and experience in leadership, Army doctrine and tactics, drill and ceremonies, military uniforms, land navigation and physical training. Military history, professional ethics and requisite traits, skills and qualities required of an officer are part of the military education and training.

The warrant officers continue to further their training through technical and tactical certification. As the officers

gain progressive levels of expertise and leadership, they operate, maintain, administer and manage equipment, support activities or technical systems throughout their careers. The warrant officer will attend the Army aviator basic course to become a helicopter pilot.

Sutter is the son of Mary E. Griffith and the stepson of Greg Griffith of Granite City. He is a 1987 graduate of Granite City High School.

**James Bennett**  
Navy Lieutenant James L. Bennett, son of Delores Van Vleet of Madison, is currently in the Adriatic Sea, near Bosnia, serving aboard the aircraft carrier USS America. Bennett is one of more than 5,000 sailors and Marines aboard the ship supporting the peace implementation operations in the former Yugoslavia.

via. Bennett's ship is the lead ship of the 11-ship USS America Battle Group that includes more than 80 tactical aircraft and ships and submarines armed with Tomahawk cruise missiles. Since leaving Norfolk, Va., in late August, Bennett has traveled more than 15,000 miles.

Bennett most recently returned to the Adriatic Sea after going to the Persian Gulf to help enforce the no-fly zone over southern Iraq. Bennett and fellow shipmates traveled more than 4,000 miles in just nine days after receiving orders to return to the Adriatic.

As the peace implementation forces began to pour in from around the world, Bennett's ship was already in the Adriatic Sea supporting the operation. USS America aircraft have been patrolling the skies over Bosnia and the Adriatic

since they arrived.

Bennett began the deployment in the Adriatic Sea, near Bosnia, where the 1,096-foot-long aircraft carrier and its nine aircraft squadrons participated in three days of NATO air strikes against Bosnian Serb military targets in support of U.N. initiatives in Bosnia. Aircraft from Bennett's ship flew more than 360 missions during the three-day period. The air strikes targeted military storage and ammunition depots, anti-aircraft missile defense systems, command and control facilities and military communications systems.

While most of the deployment has been spent at sea, Bennett also visited Greece and Italy and had an opportunity to visit local sites. USS America is not scheduled to return to the United States until late February.

The 1972 graduate of Collinsville High School joined the Navy in July 1972. Bennett is a 1995 graduate of Northern Illinois University at DeKalb with a master of science degree and a 1986 graduate of Troy State University in Montgomery, Ala., with a bachelor of science degree.

**Steven Shepherd**  
Steven W. Shepherd, formerly of Granite City, son of Barbara and James Stumpf of Troy, was recently promoted to technical sergeant in the Air Force Reserve at Scott Air Force Base.

Shepherd is assigned to the 932nd Aeromedical Staging Squadron as a medical readiness supervisor. The 932 ASSTS is a subordinate unit of the 932nd Airlift Wing, also at Scott Air Force Base. The sergeant is a 1980 graduate of Granite City High School.

Technical Sergeant Shepherd serves one weekend each month and 15 days of annual tour each year. His training will support the worldwide mission of the Air Force Reserve.

## Eagles Aux. 1126 meets

The Eagles Auxiliary 1126 held its first meeting of December on Dec. 12. Joanna Spencer, president, presided over the meeting. There were 33 members present. Everyone recited the Pledge of Allegiance.

The minutes of the previous meeting were read and approved. A roll call of officers was taken; and Angie Baehler, conductor, and Hilda Melton, decorating chairman, were both ill.

Dorothy Robles was welcomed back after a lengthy hospital stay. The "draping of the charter" was performed for Mary Murgie and Norma Hemken, who recently passed away. Murgie became a member Feb. 24, 1985, and Hemken joined the club on May 8, 1986.

Correspondence and seasons greetings were received from Millie Colp, state officers' weekend coordinator, who requested that the group have "Christmas in January" for Sue McCoy and her officers when Granite City hosts the weekend Jan. 19-21.

Helen Meyer of Alton Auxiliary 254, state vice president and central regional kidney fund chairman, requested that all members get behind the drive for kidney disease.

Mary Parker announced to the auxiliary that she has moved out of town.

Ann Pates, junior past president and golden eagle education chairman, announced that a representative or representatives from the Pontoon Beach Library will be attending the state officers' weekend to accept the \$500 grant that the auxiliary is presenting.

The escort team raffle was conducted. The first prize quilt was given to Joe Parente. Second prize of \$50 was given to Rob Gluts. The third prize, a food warmer, was given to Christine Stentzer.

Mildred Boyd, eagle education chairman, announced that the winner of the kids' block Christmas tree was won by Leroy Stark. Sue Allen, heart fund Co-chairman, announced that the Christmas basket was won by Patricia Affenmont.

A motion was made to donate \$300 toward the purchase of gifts, toys, clothes and food for the "adopted Christmas family," which was approved.

A Christmas party and dinner was held prior to the meeting. The donations collected in lieu of a Christmas gift exchange will be used to purchase items for the "adopted Christmas family." Allen will be installed as chairman of the ways and means committee for balance of this fiscal year.

Barbara Modicus requested that the group spend a moment in silent prayer for the troops in Bosnia and for the sick and homeless this holiday season.

Prizes were won by Vera Johnson. The next meeting was to be held Dec. 26. A birthday party and dinner honoring the auxiliary mother was scheduled.

Others in attendance at the December meeting were Lorraine Parkinson, Sue Rogers, Helen Paschadag, Shirley Paschadag, Betty Taylor, Sherri Wilson, Flo Stokes, Rose Pischewski, Mary Mang, Helen Mihl, Irene Doroghazi, Teresa Warren, Jeannie Burton, Carol Miller, Mary Church, Laverne Malzyinski, Becky Worley, Cathy Dehn, Liz Moore, Millie Weatherford, Dorothy Landfried, Mildred Boyd, Ruth Jorgensen, Evaldene Ederle, Puz Hagnauer, Vincine Zerlan, Katie Kostoff, Patty Hobson and Martha Simpson.

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## Calendar

Our event calendar also includes entries for community groups and their normal meeting days. Such groups meet on the first Monday of the month, the first Tuesday of the month, etc. Readers are encouraged to call these groups if holidays or other days pose uncertainty.

Corrections, additions and deletions of information are encouraged, and new entries may be added at anytime by calling the newsroom at 876-2000.

This calendar runs in every Wednesday's Journal.

## Wednesday, Jan. 17

Granite City Business and Professional Women, meeting at Jerry's Cafeteria, Dinner at 6:30 p.m., followed by a program at 7:15. Open to the public. For more information call 453-5391 or 451-891.

Disabled American Veterans Chapter 53 will offer a service officer from 1 to 3 p.m. at the Tri-City Veterans Home, located at 1417 19th St., in Granite City. Call 876-7816 for more information.

Pulmonary Support Group, for persons with diagnosed lung condition, 11 a.m. to noon in 4-Docors Solarium, St. Elizabeth Medical Center, 798-3019.

Singles Connection will hold a card and game night at 7 p.m. at Imo's in Edwardsville. Call Sandy at 344-1393 for more information.

Al-Anon, 7:15 p.m. Gateway Foundation, 600 W. Lincoln Ave., Caseyville. Call 453-2429 for more information.

Alcoholics Anonymous, 11 a.m. and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Alcoholics Anonymous, 8 p.m., St. Elizabeth School's Noah's Ark Day Care, Pontoon Road, Granite City. The meetings are closed except for the last Wednesday of the month.

Collinsville Area Recreation District in conjunction with the Boots and Slippers Square Dance Club will sponsor square dance lessons from 7 to 9 p.m. at Lankham, 2290 Vandalia St., Collinsville. The cost is \$2.50 per person. For reservation, call 453-4133, or contact CARAD at 346-7229.

Divorced and Separated Group Ministry, 7-8:30 p.m., Eden United Church of Christ, 903 Second Street, Edwardsville, 656-9288.

Parents Anonymous Group, meets at 8 p.m. For information on where meeting will be held, call Elaine Landolt, 462-2714.

Stress Management Class, 7 to 8 p.m. at Mental Health Services, 30 Northgate Industrial Drive, Granite City. For people who want to know what causes stress, how it affects their lives, and what they can do about it. For more information call 877-4420. Fees are based on a sliding income scale.

Madison Community Action Group, meets at 7 p.m. For more information call Dan at 452-2338 or Diane at 876-1360.

## Thursday, Jan. 18

Alzheimer's Support Group meets from 6:30 to 8 p.m. in the President's Room, inside Bonaventure's Cafeteria on the ground floor of St. Elizabeth Medical Center, 2100 Madison Ave. The group focuses on addressing the questions and concerns of care-givers and family members of people with Alzheimer's. All meetings are open to community members. Call 798-3018 for more information.

Behavioral Health System will host a talk on "The Bereavement Process for Families" at 7:30 p.m. at St. Elizabeth's Edwardsville Health Center, 1121 University Drive in Edwardsville. The speaker will be Edith Brayer, Ph.D., a family therapist in the Behavioral Health System. This talk is free and open to the public. Call 798-3888 for more information.

Lions Club of Pontoon Beach meets at 6:30 p.m. at the Lions Den, 3901 Lake Drive in Pontoon Beach. Anyone interested in helping the visual or hearing impaired are welcome. Call 797-0747 for more information.

Singles Connection will hold a dinner at 7 p.m. at Terry's Bar and Grill on the Belt Line Road in Collinsville. Call Sandy at 344-1393 for more information.

Chouteau Township Senior Citizens, 9 a.m. to 2 p.m., Social Center, 906 Thorngate Drive, Mitchell.

Eagle Park Acre Seniors of Madison meet from 10 a.m. to noon at 100 Hill St. (rear), Eagle Park Acres, Madison.

Alcoholics Anonymous, 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Alcoholics Anonymous, 8 p.m., Presbyterian Church, Mitchell, 1 (800) 307-6600.

Alcoholics Anonymous, 11 a.m., 2116 Club, 2116 Edison Ave., Granite City, 1 (800) 307-6600.

"Take Off Pounds Sensibly" Chapter 2353, 6:45 p.m. at Anchorage Recreation Center, 2900 Edwards St. For information, call 453-4133.

Al-Anon, 8 p.m., Wellness Center, 2103 Iowa, 463-2429.

Narcotics Anonymous, Seeking recovery, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-9409.

Overeaters Anonymous, 7:30 p.m., at First Christian Church, 2415 N. Caseyville. For information, call 314-638-7821.

Granite City Community Band rehearsal, 7:30 to 9 p.m., St. John United Church of Christ, 2901 Nameoki Road, Granite City, 831-0443.

## Friday, Jan. 19

Al-Anon meets at 8 p.m. in the Milonski Room in the base-

ment at St. Elizabeth Medical Center. Call 463-2429 for more information.

Alcoholics Anonymous, noon and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Friday Afternoon Pinochle Club for seniors 55 and over meets at 12:30 p.m. at the Harold Brown Building, Franklin Avenue and Pontoon Road. Call 877-0350 for more information.

Singles Connection will eat dinner at 7 p.m. at Old Peking, 604 W. Main St. in Collinsville. Call Lois at 345-4595 for more information.

STEMSS (Support Together for Emotional and Mental Security and Sobriety), A support group for people with a mental illness and an alcohol or substance abuse problem, meets from 1:30 to 2:30 p.m. at Pascal Hall, St. Elizabeth Medical Center. Call 798-3604 for more information.

## Saturday, Jan. 20

Madison County Humane Society will hold an Adopt-A-Pet Day from noon to 4 p.m. at the O'Fallon PetsMart.

Obsessive/Compulsive Disorder Support Group, meets at Von Gontard Conference Center at St. John's Mercy Medical Center, 615 South New Ballas Road, 10 a.m. Meeting is free and open to OCD patients, family and friends. For information call 1 (314) 843-3578.

Singles Connection will hold a social hour at 8 p.m. at Rusty's, 1201 N. Main St. in Edwardsville. Call Debbie at 667-4786 for more information.

Trivia Night, sponsored by the Parents' Committee, will be held at 6 p.m. at St. Elizabeth's School. The fee in advance is \$50 for a six-person team. The price will be \$72 at the door. Beer, soda and snacks are included. Prizes will be awarded to the top three teams. Attendance prizes will be given. To reserve a table, call the school, 931-0125 between 9 a.m. and 2 p.m., or after hours at 797-0167 or 797-6249.

Alcoholics Anonymous, 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Al-Anon Adult Children, 10 a.m., 2016 Delmar Ave., 398-9409.

Narcotics Anonymous, Acceptance, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-9409.

Rescue Mission, 1538 Fourth St., Madison, food pantry is

open from 9 a.m. to noon. Samuel Turner is the chairman, Valonda Turner is the secretary and Alfred Turner is the pastor.

## Sunday, Jan. 21

Midwestern United States Imperial Dance Club (MUSIC) will hold its regular meeting at 6 p.m. at the American Legion Hall in Collinsville. The public is invited for dance lessons and open dancing at a cost of \$4 for nonmembers and \$2 for members. For more information, call 463-2405.

The Pontoon Beach Jaycees regular meeting is held at 7:30 p.m. at Ralph and Charlie's Steak House. The meetings are open and the public is invited.

Singles Connection will go skiing at Hidden Valley Resort in Eureka Meet at 10 a.m. at the Collinsville Knart. Call Kevin at 656-3364 for more information.

Craft Show and Flea Market will be held from 10 a.m. to 4 p.m. at the Pontoon Beach Senior Citizens building, 3910 Highway 111. For more information, call 756-2513.

Alcoholics Anonymous, 1:30 p.m. and 8 p.m., 2116 Club,

2116 Edison, Granite City, 1 (800) 307-6600.

Narcotics Anonymous, Live the Steps, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-9409.

Alcoholics Anonymous, 8 p.m., St. Elizabeth Medical Center, Pascal Hall, main floor, Granite City, 1 (800) 307-6600.

Eagles Auxiliary 1126 Bingo, 1 p.m. at the Nameoki Bingo Center. Also included will be a color raffle, 50/50 drawing free games and other raffles.

Overeaters Anonymous, meets at 2 p.m. in the Wisconsin Room, first floor, St. Elizabeth Medical Center in Granite City.

## Monday, Jan. 22

Granite City Lions meet at 7 p.m. at the Knights of Columbus Hall in Granite City in either the auxiliary room or the Pinta room. Any man or woman 18 or older interested in Lionism is welcome to attend. Anyone interested may call Lion President Marlene Cook at 876-2515 or Lion Treasurer Ken Turcott at 877-6778.

Arthritis Support Group, 7 p.m., Alton Memorial Hospital cafeteria, Room B.

Al-Anon, 9:30 a.m., 2116 Club, 2116 Edison, Granite City, 463-2429.

Chemical Dependency Relapse Prevention group meets from 6:30 to 8:30 p.m. at the Edwardsville Health Center, 1123 University Drive in Edwardsville. The group focuses on eliminating relapse-prone thinking, feeling and behavior patterns and helping group members grow in sobriety. For more information, call 798-3888.

Madison County Computer Club, meets 7 p.m. at Well United Church of Christ facility, 180 Cottonwood Road, about 3/4 mile east of Highway 159. Beginners as well as experienced computer users are welcome to attend. Members share information about new hardware and software, mostly for IBM compatibles.

Senior Social Club, business meeting at 6 p.m. at the Township Hall. Dessert is served following the meeting. Games and bingo are played at 7 p.m. Call 877-1215 for more details.

Alcoholics Anonymous, noon and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Al-Anon, 9:30 a.m., 2116 Club, 2116 Edison, Granite City, 463-2429.

Chemical Dependency Relapse Prevention group meets from 6:30 to 8:30 p.m. at the Edwardsville Health Center, 1123 University Drive in Edwardsville. The group focuses on eliminating relapse-prone thinking, feeling and behavior patterns and helping group members grow in sobriety. For more information, call 798-3888.

(See CALENDAR, Page 7B)

## Put Your Hands In Mine

Hand injuries can be painful and may involve the loss of function. Early examination and diagnosis, as well as a complete treatment plan may relieve pain and can restore hand function. Arthritis, degenerative processes, nerve problems and overuse syndromes, as well as fractures and sprains are among the things that can cause pain and discomfort in the upper extremities - hand, wrist, shoulder and elbow.

Belleville Orthopedic Surgeons Ltd., in cooperation with Memorial Hospital, can help you put a finger on your pain with its HAND/UPPER EXTREMITY SERVICE.



Services include: Examination by Harvey L. Mirly, M.D., a fellowship-trained orthopedic hand surgeon. Also may include x-rays and physical therapy as well as other ancillary services.

Fees: Fees are charged according to services received. Belleville Orthopedic Surgeons Ltd. is a Medicare provider and insurance billing will be handled for you by the BOS staff.

Date, Time, Place: Friday, January 19, 1996 1 to 3 p.m.

Memorial Physical Therapy Center - Collinsville - 531 Vandalia, Collinsville, Illinois

Information: Examinations are by appointment only and physician referral is not required. For your convenience, a copy of your HAND/UPPER EXTREMITY SERVICE evaluation report will be sent to your physician. For an appointment, call (618) 235-2900.



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- Veal Oscar
- Northwestern Salmon
- Rillet of Sole Princess
- Veal Cordon Blue
- Chicken Piccata
- Veal Spiedini
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## Births

## Justin James

Greg and Priscilla James of Granite City have announced the birth of their first child, a son.

Justin Taylor was born at 11:03 a.m. Oct. 13, 1995, at Anderson Hospital in Maryville. He weighed 7 pounds, 4 ounces.

His maternal grandparents are Vernon and Doris Brown of Granite City. Lee and Phyllis James of Granite City are the paternal grandparents.

## Tyler Ashcraft

Jeffrey and Katherine Ashcraft of Glen Carbon have announced the birth of their second child, a son.

Tyler Wayne was born at 9:32 a.m. Oct. 14, 1995, at Anderson Hospital in Maryville. He weighed 8 pounds, 8 ounces and joins Brittany, 22 months.

His maternal grandparents are Gehrig Kuntz and Barbara Kuntz, both of Glen Carbon. John Ashcraft and Carolyn Ashcraft, both of Collinsville, are the paternal grandparents.

## Collin Hose

Richard and Kelli Hose of Alton have announced the birth of their third child, a son.

Collin Mathew was born at 4:25 p.m. Oct. 18, 1995, at Anderson Hospital in Maryville. He weighed 5 pounds, 2 1/2 ounces and joins Andrew, 3, and Blake, 18 months.

Trice Seyler of Collinsville is the maternal grandmother. The paternal grandmother is Sandy Gilbert of Alton.

## Donald Gray

Donald and Tabitha Gray of Granite City have announced the birth of a son.

Donald Eugene III was born at 12:32 p.m. Oct. 19, 1995, at Anderson Hospital in Maryville. He weighed 7 pounds, 6 ounces and joins Jesse, 3.

His maternal grandparents are Howard Spiroff and Janet Watts, both of Fairview Heights.

Donald and Yvonne Gray of Granite City are the paternal grandparents.

## Claudia Garland

Steve and Connie Garland of Collinsville have announced the birth of their first child, a daughter.

Claudia Lynn was born at 9:30 a.m. Oct. 23, 1995, at St. Anthony's Hospital in Alton. She weighed 6 pounds, 3 ounces.

Her maternal grandparents are Larry and Charlene Maxfield of Granite City.

Robert and Pat Garland of Granite City are the paternal grandparents.

## Michaela Janco

Michael and Lisa Janco of Glen Carbon have announced the birth of their second child, a daughter.

Michaela Loraine was born at 7:23 p.m. Oct. 23, 1995, at Anderson Hospital in Maryville. She weighed 8 pounds, 15 ounces and joins Brandon, 3 1/2.

David and Merinda Horal of Troy are the maternal grandparents.

The paternal grandparents are George and Loraine Janco of Glen Carbon.

## Madison Sorenson

Kip Sorenson and Rachel Coleman Sorenson of Edwardsville have announced the birth of their first child, a daughter.

Madison Elise was born at 12:35 p.m. Oct. 23, 1995, at Anderson Hospital in Maryville. She weighed 9 pounds, 5 1/2 ounces.

Her maternal grandparents are Ronald and Barbara Coleman of Granite City.

Marvyn Sorenson of Broken Arrow, Okla., and Sue Sorenson of Edwardsville are the paternal grandparents.

## Joseph Burge

Paul and Betsy Burge of

Edwardsville have announced the birth of their second child, a son.

Joseph Donald was born at 2:07 p.m. Oct. 12, 1995, at Anderson Hospital in Maryville. He weighed 8 pounds, 14 ounces and joins Ryan, 11 months.

His maternal grandparents are Joe and Ruth Barrington of Granite City.

Donald and Jean Burge of Edwardsville are the paternal grandparents.

## Isaac Coad

Michael and Julie Coad of Granite City have announced the birth of their fourth child, a son.

Isaac Michael Coad was born at 9:18 p.m. Dec. 24, 1995, at St. Luke's Hospital in St. Louis and weighed 7 pounds, 8 ounces.

Maternal grandmother is Luanne Johnson of Belleville. Paternal grandparents are George and Ruth Roan of Granite City.

Isaac joins Matthew, Micah and Noah.

## Amber Lowry

Chris Lowry and Tina Fitzhugh, both of Granite City, have announced the birth of their first child, a daughter.

Amber Nicole Lowry was born at 10:52 a.m. Dec. 27,

1995, at Barnes Hospital in St. Louis and weighed 7 pounds, 9 ounces.

Maternal grandparents are Chester and Charlotte Hillis of Granite City. Paternal grandmother is Charlotte Falter of Granite City.

## Alfredo Carrillo

Alfredo Carrillo and Lisa Poole, both of Granite City, have announced the birth of their first child, a son.

Alfredo Galvan Carrillo III was born at 3:21 p.m. Jan. 3, 1996, at Christian Hospital Northwest in St. Louis and weighed 7 pounds, 4 ounces.

Maternal grandparents are James and Karen Poole of Granite City. Paternal grandparents are Lee and Irene Gonzales of Granite City.

## Brendan Abbott

Mathew and Gina Abbott of Granite City have announced the birth of their first child, a son.

Brendan Kelley Abbott was born at 5:33 p.m. Nov. 21, 1995, at Alton Memorial Hospital and weighed 7 pounds, 8 ounces.

The mother is the former Gina Galati.

Maternal grandparents are Angelo and Monica Galati of Granite City. Paternal grandparents are Roy and Phyllis

Abbott of Granite City.

## Hayden Hessler

Rodney and Christine Hessler of Glen Carbon have announced the birth of their first child, a son.

Hayden Norman Hessler was born at 4:06 a.m. Dec. 15, 1995, at Barnes Hospital in St. Louis and weighed 8 pounds, 4 ounces.

The mother is the former Christine Loyer.

Maternal grandparents are Thomas and Dolores Loyer of Granite City. Paternal grandparents are Norman and Emma Hessler of Glen Carbon.

## Kenneth Stone

Kenneth and Marleen Stone of Granite City have announced the birth of their second child, a son.

Kenneth Scott Stone Jr. was born at 3:02 a.m. Dec. 19, 1995, at Scott Air Force Base Medical Center and weighed 9 pounds, 12 ounces.

The mother is the former Marleen Yurkovich.

Maternal grandparents are the late John and Katherine Yurkovich. Paternal grandparents are Larry and Phyllis Stone of Mount Olive.

Kenneth joins Sara Katherine, 4.

## Heart Health and Wellness

Heart disease continues to be a serious health concern for both men and women. Memorial Hospital has made a commitment to educating the community about the importance of living a healthy lifestyle in an effort to prevent heart disease.

As a special community service, Memorial will hold a "Heart Health and Wellness" program. The program will address key issues in the prevention, diagnosis and treatment of heart disease.

## THE PROGRAM:

- A community overview by Ruth Holmes, RN, Director, Marsh Cardiovascular Unit
- Round-table Discussions
  - Exercise
  - Cholesterol/Nutrition
  - Hypertension
  - Stress Management
  - Hormone Replacement

DATE, TIME, PLACE:  
Tuesday, February 6, 1996  
6:30 to 9 p.m.

Memorial Hospital Auditorium

## INFORMATION:

There is no registration fee for this program; however, reservations are requested and can be made by calling Memorial's Community Relations Department at (618) 257-5649.

**MEMORIAL HOSPITAL**  
4500 Memorial Drive  
Belleville, Illinois 62223

## Calendar

(Continued from Page 58)

First Place, a Christ-centered nutrition program, meets from 6 to 7 p.m. at First Baptist Church, 2041 Delmar Ave. in Granite City.

Neglected Victims of Child Sexual Abuse, a support group for nonoffending parents of victims, meets from 6 to 7:30 p.m. at Southern Illinois University at Edwardsville's Rape and Sexual Abuse Care Center. Call 692-2197 for details.

TOPS 2048 (Take Off Pounds Sensibly), 6 p.m., Melvin Price Support Center in Granite City, 876-2124.

TOPS 11 645, 7 p.m., Anchorage Recreation Center, 2902 Edwards St., Granite City, 452-6102. Men and women welcome.

Wal-Mart Senior Citizens, bingo, 7:30 to 8:30 a.m. Tuesday, Jan. 23

Behavioral Health System will hold a talk and film on "How to Help an Alcoholic or Drug Addict Who Doesn't Want Help" at 7:30 p.m. in Pascal Hall at St. Elizabeth Medical Center, 2100 Madison Ave. in Granite City. The speaker will be Warren Neal, a referral coordinator and chemical dependency specialist in St. Elizabeth's Behavioral Health System. This talk is free and

open to the public. Call 798-3888 for more information.

Benevolent and Protective Order of Elks, Granite City Lodge 1062, Maryville Road, Granite City, 931-5557, 8 p.m.

Job's Daughters Bethel #42 meets at 7 p.m. at the Masonic Temple, 20th Street and Cleveland Boulevard.

Knights of Columbus, 3rd Degree, 4225 Old Alton Road, 7:30 p.m., 877-4250.

Ostomy Support Group, 2 to 4 p.m., Pascal Hall, main floor, St. Elizabeth Medical Center, 798-3167.

People Needing People Bereavement Support Group, 7 to 9 p.m., Wiesman Room, first floor, St. Elizabeth Medical Center, 798-3399.

Singles Connection will play volleyball at 8:30 p.m. at the YMCA, 816c Drive in Edwardsville. There will be a \$8 fee for three hours of play.

Call Frank at 876-4315 for more information.

Depressive Manic Depressive Association of Madison County will meet from 7 to 9 p.m. at St. Elizabeth Medical Center. James E. Lewis and Karl A. Strassman, Co-leaders of the DMDA, will conduct the meetings. For more information, call 877-7517 or (314) 778-4929.

TOPS 1699, (Take Off Pounds Sensibly) will meet at 6:45 p.m. at the Anchorage Recreation Center 2902 Edwards St.; call 797-2724 for more information. Men and women are welcome to attend.

Alcoholics Anonymous, 3:30 a.m. and 8 p.m., 2116 Club,

2116 Edison, Granite City, 1 (800) 397-6602.

Alcoholics Anonymous (women only), 8 p.m., Presbyterian Church, Mitchell, 1 (800) 397-4600.

Alcoholics Anonymous, 8 p.m., St. John United Church, 2901 Nameoki Road, Granite City, 692-8078.

Al-Anon, 8 p.m., St. John United Church, 2901 Nameoki Road, Granite City, 463-2429.

Al-Anon, 8 p.m., Niedringhaus United Methodist Church cafeteria, 26th and Delmar, Granite City, 463-2429.

Alateen and PreAlateen Program for 12 to 17 age group, and prealateen for 18 to 11 year age group, meets at 8 p.m. at Niedringhaus United Methodist Church, 26th and Delmar. For more information call 463-2429.

The Word of the Lamb prayer and bible study. The public is invited to come for prayer and worship, teaching from the Word and prayer for your needs from 10:30 a.m. to 12:30 p.m. at Full Gospel Fellowship Hall, 2301 Orville, Granite City. A nursery will be provided. If a ride is needed, call 451-4020 or 1 (314) 868-1865.

The Circle of Hope, a 12-step healing program for anyone whose life is affected by HIV infection meets at 7 p.m. at the King's House on North 68th St. in Belleville, call 234-0291.

Granite City Kiwanis meet at Shoney's at 7:30 a.m.

Narcotics Anonymous, Path to Recovery, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-9409.

## DO YOU SUFFER FROM...

- ☐ Wrist Pain
- ☐ Numbness in your hand and fingers
- ☐ Tingling in your hand and fingers
- ☐ Pain in your hand and/or fingers

## DO YOU...

- ☐ Work at a keyboard
- ☐ Work on an assembly line
- ☐ Do repetitive hand movements on your job

If you answered "YES" to any of these questions, you may have

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Principal Investigator  
Department of Psychiatry  
(314) 577-8099

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# Today's Food

Wednesday, January 17, 1996

## Food & Nutrition

### Wise Ways

Trend toward economy sizes may weigh heavily with fat, cholesterol and calories.  
**INSIDE**

### Heart-y Bites

Straight and narrow road for healthy eating can detour for chocolate occasionally.  
**INSIDE**

### Blue Ribbon Cook

Family-tested Italian sauce wins over time.  
**INSIDE**

### Private Label Test Run

Can armchair sports enthusiasts be happy eating chips and dip made with onion soup mix and reduced-fat sour cream — all private label products from Price Chopper?  
**INSIDE**

### Micro Raves

Vegetables cooked in a microwave oven have intense color and flavor and hold their nutrition well.  
**INSIDE**

### Lively Taste

Spice up rice that seems to have that same old grainy look. For Spanish rice, replace some cooking liquid with tomato juice or sauce, then add garlic, chopped onion and bell pepper, find a healthy dash of pepper sauce or chili powder. For Mediterranean appeal, cook rice in chicken or meat broth. Add chopped onion, generously sprinkle with basil and toss in a few chopped black olives.

## Health & Fitness

### Medicine Chest

Until winter's darkness turns to spring light, a person who suffers from SAD — seasonal affective disorder — should spend lots of time near bright windows and exercise outside when possible.  
**INSIDE**

### Fresh Picks

Tangerines and tangelos, sunbursts of flavor and juice, are handy for lunch boxes because they are a breeze to peel. Start at the indented stem end and lift away the peel from the fruit with your fingers. Gently separate the fruit into segments. A tangelo is a cross between a tangerine and a grapefruit.

### Big Fat Tip

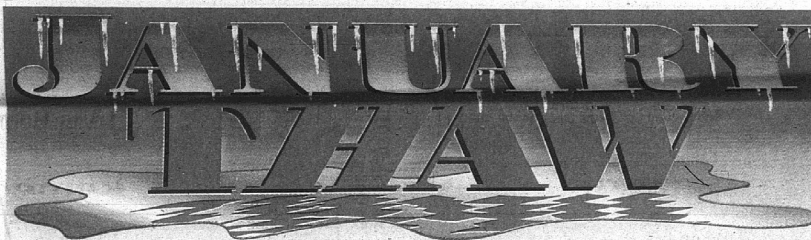
Oil is a hidden source of fat in food. Use a nonstick frying pan when cooking food. When sautéing, try to replace oil with vegetable broth, wine, citrus juice or vinegar. If oil is necessary, coat a pan evenly with nonstick cooking spray. From the bottle, a strongly flavored oil — like almond, sesame or chili — has more flavor intensity, so usually less can be used than a recipe requires. For a light, even coating, put it in a small spray bottle. If using it straight, keep a brush handy to make a barely-there coating.

### Future Shop

Foods with a Thai touch often are considered very hot by Western standards. In this type of cooking, look for liberal use of garlic, chili peppers, peanuts and fresh herbs, like cilantro and mint. Spicy peanut sauces are popular.



Stylish staples and colorful condiments reform a pantry meal of Sonoma Skillet Supper, so it becomes a warm and robust reward on a cool day.



By Janice Denham  
Staff writer

Tons of snow and shovels of ice later, this part of the world is rooting for warm winds to create balmy conditions. Recent weather may have taught a lesson for the winter still ahead: Keep a pantry stocked with good-to-eat foods.

It is hard to face a back yard with no tomatoes ripe on vines, but there is an ever-expanding host of flavorful tomato products handy that preclude the need for a shelf of extra staples or, on the other hand, encourage using more of them when a lucky sunbeam of creativity shines.

To get on the shelf, canned tomatoes are whole, chopped, stewed, seasoned, sauced or juiced with or without extra vegetables, while dried tomatoes — like those from California's Sonoma Valley — come packed in oil or ready to be reconstituted.

Some seasonings sound old-fashioned. Worcestershire sauce, olive oil, garlic, lemon juice, mustard, vinegar and rosemary sit alongside a sampling of their new little brothers, salsa and tortillas. Having a supply of rice and olives, tuna and canned broth makes the pantry a warm and friendly ally for adding robust flavor to a quick dinner menu.

SEE JANUARY, INSIDE TODAY'S FOOD PAGE 2



A little extra vitamin C is a good measure this time of year. Prepare 1 package (4-serving size) instant vanilla pudding mix with 1-1/2 to 1-3/4 cups orange juice instead of milk. Chill thoroughly. Before serving, fold 1 carton (8 ounces) low-fat vanilla, lemon or pineapple yogurt into pudding.

Meanwhile, crush gingersnap cookies, graham crackers or vanilla wafers to make 3/4 cup coarse crumbs.

Divide one-third pudding mixture among 6 glasses. Sprinkle with half the crumbs. Repeat pudding and crumb layers. Top with remaining pudding. If desired, garnish with wedges of fresh orange.  
Makes 6 servings.

Rich Tucker Graphic



# Today's Food

## Private Label Test Run

### Testers try snacks as party preview to Super Bowl fun

When it comes to snacking, *Journal* testers crunch a chip with the best of 'em.

They practiced their Super Bowl form by checking out a combination of Best Choice tortilla chips, which they dipped in onion dip made by mixing Always Save onion dip and soup mix with Best Choice lite (50 percent less fat) sour cream. All the products are available at Price Chopper markets.

Every element was called a winner. One gave a summation.

"I liked all the food. The dip has a smooth texture and good zip, but is not too strong. Chips are salty, crunchy and hold up well, with very good flavor, too. I noticed the dip doesn't leave a real onion-y taste either," she said.

The signing bonus for this typical snack of an armchair coach was the price. The onion dip cost 38 cents a package, the sour cream 99 cents for a 16-ounce carton and a 16-ounce package of yellow corn tortilla chips was \$1.39 last week — which added up to less than \$3 for the generous combination.

"The price and lower fat (of the dip) combine to make this a winning combination," a taster said.

The dip mixture scored high. "The onion soup mix works great in the dip. I've tried private labels (of soup mix), before and wasn't happy," she said.

Several tasters — both those who like stronger and those who prefer milder flavors — liked the level of onion flavor, saying it was not overly strong.

The texture of the sour cream got credit on the team, too.

"I had to check the carton to make sure it was really 'lite.' It tastes that rich. I didn't feel I was making a sacrifice eating it," a taster said.

Another liked its thickness, saying it "doesn't have the watery taste of some I've tried."

The chips took its share of adulation well. Testers named their attributes as crisp texture, level of salt, size, ability to stand up to dipping and thickness. The Best Choice lite includes a white tortilla chip marketed as a match for salsa.

"I like these chips as well as the (national) brand we typically put with onion dip. I liked their crispness and the combination of flavors with the dip. Also, these are much less greasy than the usual brand we use," a taster said.

A regular tester was offered the snack at the end of the lunch. She liked it all.

"What else can I say?" she asked. "You should be glad I wasn't hungry. The dip was very tasty, with nice texture. The onion was just right, not overpowering, and went very well with the tender-crisp chips."

## Micro Raves

### Dear Mom: I am eating more vegetables today

We know now our mothers were right when they said, "Eat your vegetables. They're good for you." Statistics indicate we are not only eating more of them, but people increasingly eat more non-meat meals.

It seems sometimes there are two poles of people — those who eat vegetables with more often and those who rely on unreliable French fries and chips for their only vegetables, something many teenagers practice.

Several years ago the U.S. Department of Agriculture took a long, hard look at the old Basic Four Food Groups and see if the U.S. Dietary Allowances could be improved. The resounding "yes" became the Food Guide Pyramid.

It called attention to the fact that American diets were, and still are, lacking in grains, vegetables and fruits. The Food Guide Pyramid split up the fruit and vegetable group into two separate groups.

Recommending 2 to 4 servings of fruits and 3 to 5 servings of vegetables daily, a new saying was developed: Five a day the healthy way, adding up the minimum five servings of

fruits and vegetables daily.

Here is the tip of the iceberg — and the cauliflower and the carrot — for preparing vegetables in this handy appliance:

- Cut pieces in a uniform size for cooking.
- Lacking uniform size, place larger pieces to the outside.
- Place denser parts to outside of dish. For instance, place broccoli and asparagus stalks to the outside, tips inside.
- Cook vegetables covered with either plastic wrap or a lid.
- Do not add water or add only a very small amount.
- Salt only after cooking, or vegetables freckle and dry out.
- Arrange in a circle or ring shape. The goal is a doughnut shape.
- Pierce skin of vegetables, like potatoes, tomatoes and squash.
- Cut a hole in frozen pouches. A large X in the center works well. Cook X-side down on serving dish, then carefully remove the pouch and let contents slide its seal.
- When microwaving canned vegetables, discard almost all the liquid before cooking in microwave-safe dish. Cook 1½ to 3 minutes per can.

KATHY HANEWINKEL

Home economist Kathy Hanewinkel specializes in microwave cooking.

## EGGPLANT PARMESAN

- 1 large eggplant, peeled, sliced
- 2 eggs
- 1 cup mayonnaise
- 1 medium onion, chopped
- ¼ cup chopped green bell pepper
- 1 cup freshly grated parmesan cheese
- ¼ tsp. salt
- ¼ tsp. white pepper
- 1 tsp. butter or margarine
- 1 slice whole wheat bread, toasted

In 2-quart round or square casserole, microwave eggplant, covered, 4 to 6 minutes. Drain.

In mixing bowl, blend eggs, mayonnaise, onion, green pepper, cheese, salt and pepper. Pour over eggplant.

Butter toast. Crumble and sprinkle on top. Microwave, covered, on high power 4 to 6 minutes until hot and bubbly. Rotate dish halfway through cooking time.

## Giant size often means big calories

Looking for a bargain? Giant-size foods may sound like one because they save money, but they often serve up huge amounts of fat and calories.

The current craze for value has resulted in food portions double or triple the size of the standard. A single big muffin weighs twice as much as an average muffin — but may yield four times the fat and four times the calories.

One hefty 4-ounce muffin carries 460 calories and 24 grams fat. Oversized muffins provide as much fat as a slice of apple pie, a fast food order of cheeseburger and small fries, or two glazed doughnuts.

This is especially surprising, because muffins and quick breads sound like they would be low-fat foods. A regular bran muffin or blueberry muffin from a commercial mix of homemade has 125 to 135 calories and a mere — by comparison — 5 to 6 grams fat.

These giant loads of fat, cholesterol and calories can lead to increased risk of obesity, heart disease, stroke and cancer. Americans are getting fatter and oversized foods are not stopping this slide.

For healthier eating, stick to basic portion sizes and take one serving.

This blueberry muffin recipe makes 12 medium muffins for a nutritious, easy snack. For variety, chopped apple and raisins can be substituted for the blueberries.

Freeze extras in a tightly sealed storage bag or freezer container. For a quick breakfast or snack, defrost in a microwave oven.

Home economist Mary Schroepfer is nutrition specialist for University Extension (University of Missouri system) in Franklin County.

## EASY BLUEBERRY MUFFINS

- 2 cups flour
- 1 cup baking powder
- 1 tsp. salt
- ¼ cup sugar
- 1 cup skim milk
- 1 egg, well beaten, or 2 egg whites
- ¼ cup oil
- 1½ cups frozen or fresh blueberries

Preheat oven to 425°. Grease muffin tins.

In medium bowl, sift or thoroughly stir together flour, baking powder, salt and sugar.

Mix together milk, egg and oil. Combine with dry mixture, stirring only enough to mix slightly. Stir in blueberries. Batter will be lumpy.

Pour batter into prepared muffin tins until about two-thirds full. Bake in preheated oven 15 to 20 minutes.

## Medicine Chest

By REBECCA COLEY

### Sunlight turns mood from SAD to glad

Feeling blue or are you just tired of winter?

For as many as 5 percent of Americans, the shorter days of winter cause a mood disorder known as Seasonal Affective Disorder (SAD). Interestingly, four times as many women as men are affected and it is more common in the northern latitudes.

Those with SAD report increased need for sleep, lethargy, decreased productivity, weight gain, and/or decreased sex drive.

Although the cause of SAD is not known, there are theories behind the "blues" some people experience in winter.

Shortened daylight hours may be responsible for lower amounts of hormones in the body. One hormone being studied is melatonin, which is important in controlling the sleep-wake cycle. Another hormone under study is cortisol, which helps modulate the way the body handles stress.

There is hope. Many patients with SAD are managed with light therapy. Increased exposure to sunlight by trimming bushes and trees around windows, working near windows or exercising outside when possible may help.

cut in half

- 1½ tsp. olive oil
- 4 chicken breast halves, boned, skinned
- 2 large cloves garlic, chopped
- ¾ cup canned fat-free, reduced-sodium chicken broth
- 1 tsp. Worcestershire sauce
- 1 tsp. lemon juice
- 2 tsp. cornstarch
- 1 can (14 oz.) artichoke hearts, drained, quartered
- 2 tsp. chopped fresh or ¼ tsp. dried rosemary leaves, crumbled
- 1/8 tsp. pepper

Salt to taste  
Rosemary sprigs and lemon slices for garnish, if desired

In bowl, cover tomatoes with boiling water. Let sit 10 to 15 minutes. Drain.

## SONOMA SKILLET SUPPER

½ cup dried tomato halves,

If you cannot resist a tempting chocolate dessert or piece of chocolate candy, you are not alone.

Although vanilla provides stiff competition in the flavor market, the popularity of chocolate has grown since the 16th century. The year 1847 should be part of history courses. It was when chocolate candy came into existence.

Can chocolate or chocolate-flavored items fit into a low-fat eating plan? The answer is "yes" — with careful meal planning and perhaps some recipe modifications.

The reason many people do not succeed in changing their eating habits as part of a heart-healthy lifestyle is they drop foods that they like from their eating. Because foods they happen to like best, like many chocolate desserts, are high in fat and/or calories, they simply try to avoid them altogether.

Unfortunately, after only a couple weeks of avoid-

ance, people begin to feel deprived, which leads to eating large amounts of foods they scolded.

The key then is find a way to incorporate favorite foods into eating plans and decide how often they can do it. The "how often" depends on the food.

If it is fresh strawberries, the answer is "as often as desired" because they are low in fat and calories and provide other nutrients. If the food is chocolate candy or desserts, it would be best not to eat them every day because of high fat and calories and few nutrients.

A candy bar provides about 230 calories with 13 grams fat, half of it saturated fat. Compare this to 1 cup of strawberries that provides about 60 calories, contains vitamin C, folic acid, fiber, potassium and no fat.

To work chocolate into a healthful eating style, start by looking at the food itself. Many low-fat and nonfat chocolate-flavored products

— cookies, cakes, yogurts and puddings among them — satisfy that chocolate craving.

Registered dietician Barb Teng is a member of the nutrition committee of the American Heart Association, St. Louis Chapter.

## DRIED FRUIT TRUFFLES

- 1 cup dried pitted prunes, orange-essence or regular
- ½ cup dried pitted whole dates
- 2 tbsp. unsweetened cocoa

Process prunes and dates in food processor with metal blade until finely chopped, scraping sides as necessary.

Shape mixture into 24 nuggets 1-inch in diameter. Roll in cocoa to coat. Place on waxed paper.

## FRENCH PANTRY SALAD

- 4 lettuce leaves
- 1 can (15 oz.) small, whole new potatoes, drained, sliced
- 1 can (14½ oz.) whole green beans, drained
- 2 cans (about 6 oz. each) solid white tuna in oil, drained
- ½ cup marinated dried tomatoes, drained and oil reserved, cut in strips
- 4 slices red onion, separated in rings and halved
- 2 tbsp. sliced ripe olives, drained
- Vinaigrette

Line serving platter with lettuce. Arrange potatoes,

beans, tuna, tomato, onion and olives on lettuce. Drizzle Vinaigrette over salad.

Vinaigrette: In bowl, whisk together oil from marinated tomatoes plus enough olive oil to make ¼ cup, 2 tablespoons balsamic vinegar, 2 tablespoons water, 1 tablespoon Worcestershire sauce, 1½ teaspoons Dijon mustard, 1 teaspoon basil and ¼ teaspoon black pepper. Mix in salt to taste.

Makes 4 main-dish servings.

## SANTA FE SUPPER

- 1½ cups water
- ½ cup dried tomato bits
- 1 cup instant rice
- 1 can (15½ oz.) whole kernel corn, drained

1 can (15 oz.) pinto beans, rinsed, drained

1 can (4 oz.) diced green chiles

¾ cup salsa

1 tsp. Worcestershire sauce

½ cup (2 oz.) shredded cheddar cheese

2 tbsp. sliced ripe olives

3 tbsp. sliced green onion

In large skillet, bring water and dried tomato to boil. Reduce heat. Simmer 3 minutes.

Mix in rice. Simmer 3 minutes.

Mix in corn, beans, chiles, salsa and Worcestershire sauce. Heat through. Mix in half the cheese.

Garnish top with remaining cheese, olives and green onion. If desired, serve with guacamole, sour cream, warm tortillas and additional salsa.



# Today's Food

## Fragrantly spicy soup is low-fat indulgence

Warm, gently spiced soup fits winter comfortably. As last year ended with rich food and drink, bodies started to crave simpler, more sensible food on a day-to-day basis.

Answer that craving with deliciously easy Italian Roasted Pepper Soup. Jarred roasted red peppers and chicken broth are pureed together to form the soup's base. Freshly cooked mushrooms, lean ham and cheese-filled tortellini round out textures, while aromatic garlic and onion powders and crushed Italian seasoning create flavor balance. Convenience foods keep this soup simple, while judicious use of spices, chosen over fat, gives it an appealing health profile.

Again garlic and onion powder star, this time with curry powder, in Curried Vegetable Soup. With only 3 grams fat per serving, this chunky brew is a boon for cold, jaded appetites. A tired cook will root for it, too, as it comes to the table in less than 10 minutes. Instant mashed potato flakes give the mixture thickness without passing a serving of guilt on to the cook.

### ITALIAN ROASTED PEPPER SOUP

- 1 pkg. (10 oz.) fresh mushrooms, sliced (4 cups)
- 2 jars (7 oz. each) roasted red peppers
- 2 cans (13½ oz. each) chicken broth
- 1 tsp. Italian seasoning, crushed
- 1 tsp. garlic powder
- 1 tsp. onion powder
- 1 pkg. (8 oz.) refrigerated cheese-filled tortellini
- 4 oz. sliced baked ham, cut in strips (about 1 cup)

In large saucepan, cook mushrooms and 2 tablespoons water, stirring occasionally, 3 to 4 minutes until mushrooms are slightly softened.

In food processor, process roasted red peppers and their liquid about 30 seconds until smooth. Add to mushrooms with chicken broth, Italian seasoning, garlic and onion powders. Bring to boil.

Add tortellini. Return to boil. Cook about 8 minutes until tortellini is tender-firm.

Stir in ham. Cook 2 to 3 minutes until tortellini is tender.

Yields 4 servings (6½ cups); 304 calories, 16 g protein, 40 g carbohydrate, 8 g fat and 1,591 mg sodium per serving.

### CURRIED VEGETABLE SOUP

- 1 pkg. (10 oz.) frozen mixed vegetables, slightly thawed
- 1 tsp. curry powder
- 1 tsp. garlic powder
- 1 tsp. onion powder
- 2 cans (13½ oz. each) chicken broth
- 4 oz. sliced smoked turkey, cut in strips (about 1 cup)
- ¾ cup instant mashed potato flakes

In medium saucepan over medium-high heat, cook vegetables and ¼ cup water 3 to 4 minutes until vegetables are nearly tender-crisp and most liquid is evaporated.

Add curry, garlic and onion powders. Cook, stirring constantly, about 30 seconds until spices are fragrant. Add chicken broth. Bring to boil. Reduce heat. Simmer, covered, about 3 minutes to blend flavors.

Stir in turkey and potato flakes. Cook, stirring frequently, 1 minute, until soup thickens.



Smart spicing gives warm and homey Italian Roasted Pepper Soup all the flavor it needs, without lots of fat or untimely preparation.

## Meatless dishes stack up protein with cheese

The "speed-scratch" strategy of cooking, which uses convenience ingredients along with a little ingenuity to create dishes with homemade flavor and little fuss, is a '90s password to easy cooking.

Items like cheese, frozen and canned foods, pre-cut fresh vegetables and salad greens are a few of the helpful ingredients used to get a leg up on meal preparation.

These speed-scratch recipes are two of TV chef Mr. Food's favorite meatless main dishes. Cheese adds protein and a satisfying depth of flavor and texture to both recipes.

Creamy Blue Cheese Pasta holds elegant, unique taste in 15 minutes. Crumbled blue cheese brings instant flavor to a mélange of mushrooms, frozen peas, roasted red peppers and seasonings that emphasize color, texture and taste. Toss this with pasta and cooking stress does not exist.

Stacked Cheese Enchilada is even easier. Canned stewed tomatoes and Mexican-style canned corn, spiced with chili powder and cumin, form a filling for layers of corn tortillas and shredded Monterey Jack cheese. Popped into an oven, it is ready as soon

as it is hot and bubbly — only 25 minutes later.

### CREAMY BLUE CHEESE PASTA

- 1 lb. uncooked spaghetti
- 1 can (13½ oz.) chicken broth
- ¼ cup (½ stick) butter
- ¼ cup crumbled blue cheese (about 1 oz.)
- 8 oz. fresh mushrooms, sliced (about 2½ cups)
- 2 cups frozen peas
- 1 jar (7 oz.) roasted red peppers, cut in strips
- ¾ cup minced green onion

- (scallion)
- 2 tbsp. lemon juice
- ½ tsp. salt
- ¼ tsp. pepper
- ¼ cup grated parmesan cheese

Cook pasta according to package directions. Drain. Place in large serving bowl. Cover to keep warm.

In large skillet over medium heat, combine chicken broth, butter and blue cheese. Cook, stirring frequently, about 5 minutes until mixture thickens slightly and coats back of metal spoon.

Add mushrooms, peas, red peppers, onion, lemon juice, salt and pepper. Cook about 5 minutes until vegetables are tender.

Pour vegetable mixture over hot spaghetti. Toss with parmesan cheese until coated. Sprinkle with more blue cheese, if desired. Makes 4 servings.

### STACKED CHEESE ENCHILADA

- 1 can (14½ oz.) stewed tomatoes
- 1 can (11 oz.) Mexican-style corn
- 2 tsp. chili powder
- ½ tsp. cumin
- 1 pkg. (6½ oz.) corn

In 13-by-9-inch baking pan, place 2 corn tortillas side by side. Over each tortilla, spoon about 2 tablespoons tomato mixture and about ¼ cup cheese. Repeat layering 4 more times, ending with cheese. Cover loosely with foil. Bake in preheated oven 25 to 30 minutes until hot and bubbly.

Cut in wedges to serve. Makes 4 to 6 servings.

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# Today's Food



Family meals are easy to make and serve when they come in a single dish from the oven.

## Focus on finer flavor when baking chicken

The test of "real" food is at the table. If it does not taste good, it will not be a hit.

That truism is twice as real when food is low in fat. Taste buds appreciate fat's flavor. Without it,

foods — particularly those commonly eaten — taste flat.

The trick of making low-fat, skinless chicken breast into a luscious, rich-tasting meal can be to make it taste more like a familiar

dish with more fat.

### EASY BAKED CHICKEN

- 4 chicken breast halves (about 2 lb.) skinned
- 1/8 tsp. garlic powder
- 1/8 tsp. pepper
- 1 can (10 1/2 oz.) reduced-fat cream of broccoli or other cream soup
- 1/2 cup water
- 4 cups uncooked yolk-free noodles

Preheat oven to 375°. Coat 2-quart oblong-baking dish with nonstick cooking spray.

Arrange chicken bone-side down in prepared dish. Sprinkle with garlic powder and pepper. Bake in preheated oven 30 minutes. Cook noodles according to package directions without salt.

In small bowl, combine soup and water. Spoon over chicken. Bake 30 minutes longer or until chicken is no longer pink.

Stir sauce before serving. Serve with noodles and chicken.

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# Today's Food

## Recipe

### WINTER POTATO BAKE

- 1½ cups water  
¾ cup milk  
1 pkg. (10 oz.) frozen chopped spinach  
2 to 3 tbsp. butter or margarine  
½ tsp. salt  
7 servings instant potato flakes  
½ cup mayonnaise  
3 pinches cayenne pepper

3 pinches nutmeg  
Preheat oven to 400°. Grease 1½-quart casserole. Combine water, milk, spinach, 2 tablespoons butter and salt in saucepan. Heat to boil. Simmer until spinach thaws. Remove from heat.  
Whip in potato flakes briskly. Add mayonnaise, cayenne pepper and nutmeg. Stir to combine.  
Spoon into prepared casserole. If desired, dot with 1 tablespoon butter. Bake in preheated oven about 15 minutes.

Makes 7 servings.  
Microwave directions: Place unwrapped frozen spinach in 2-quart casserole. Cover. Microwave on high power 5 to 6 minutes.  
Break up spinach. Add water, milk, 2 tablespoons butter and salt. Microwave, covered, 4 to 6 minutes until boiling.  
Whip in potato granules. Add mayonnaise, cayenne pepper and nutmeg. Stir to combine. Dot with remaining butter. Microwave on medium power 4 to 6 minutes or on high power 3 to 5 minutes.

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## Blue Ribbon Cook

### Basic sauce proves good for generations

Barbara Zengerline, St. Louis County, has come up with a winner. Her for her family's pasta sauce is certifi- cates for dinner at the Pasta House Co.

She says this recipe is the way her mother made pasta every Sunday when Zengerline was growing up. For variety, she substituted different meats. It is based on the sauce made by her great-grandmother from Italy.

When cooking for larger appetites or to have enough left for sandwiches later, she adds more meat. Chicken breast is the food whetting the palates of Blue Ribbon Cook judges this month. They want contestants to keep entries tasty, convenient and moist.

One recipe per household may be sent to: Chicken Breast Recipe Contest, Suburban Journals, 1714 Deer Tracks Trail, St. Louis, Mo. 63131. It should be mailed by Jan. 31, so winners can be published during February.

Entries will have a chance to win one-per-week next month, so there are four chances to win. Type

or print the recipe legibly on one side of the paper. Include name, address and telephone number on the entry, as well as the name of the Journal you receive. Double-check the recipe as it is written for both amounts and directions, including any variations that make this dish special. Be sure to submit the recipe in its prize form as you would make it.

If there is a history to the recipe, it will be considered part of the entry. It will be used as a basis for selecting winners along with taste and eye appeal. Originality will be considered, although the recipe need not be original. If possible, name the recipe's source.

Winners are notified by mail. Duplicate entries will be considered on the basis of earlier entry or closest compliance with the rules. Contest winners may enter again six months after their prize-winning publication date.

### PASTA GA SUGU

- 1 can (16 oz.) tomato

- sauce  
1 can (6 oz.) tomato paste  
3 cans (6 oz. each) water  
1 lb. Italian sausage (sausage)  
1 tsp. sugar  
1 tsp. red wine  
1 tsp. Italian seasoning  
1 tsp. cooking oil (olive preferred)  
1 clove garlic, chopped  
2 tsp. chopped onion  
1 pkg. (about 16 oz.) uncooked favorite pasta shapes (wagon wheel favored)  
Fontinella cheese for grating

In large saucepan, combine tomato sauce, tomato paste and water. Add sugar, wine and seasoning. In frying pan, heat oil. Over medium heat, sauté garlic and onion until onion is transparent. Stir into tomato sauce.

In same frying pan, brown sausage. Add to sauce. Simmer, uncovered or with lid ajar, 2 to 3 hours.

If desired, sauce can be cooked in slow-cooker on low heat several hours.

Cook pasta according to package directions. Drain. 2

## Recipe

### ONION SOUP

- 3 large sweet onions, sliced

- 3 tbsp. butter or margarine  
3 cans (10½ oz. each) beef consommé or broth  
3 cans water  
1½ tsp. Worcestershire sauce  
6 slices dry French bread or rolls  
Butter  
Parmesan cheese

Saute onion in butter, but do not brown. Add consommé, water and Worcestershire sauce. Simmer 30 minutes.

Butter bread. Sprinkle liberally with parmesan cheese. Toast lightly. Serve 1 slice on top of each serving.

Makes 6 servings.

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# Today's Food

## Multi-ethnic stew is sure bet for home fans

A person planning this year's big-game bash need not tackle it alone. Fan-fueling fare should not penalize the cook with time out in the kitchen.

A steaming pot of savory stew — served help-yourself style at half time — is just the ticket. Hearty, comforting and easy to serve and eat, it can be made well in advance of the game and reheated with just a stir or two during commercials.

These stew recipes will keep armchair athletes cheering through each possession. They feature fuss-free preparation in a whimsical cross-cultural creation teaming favorite Italian flavors with bold Texas taste. Prepare either stew with extra mild, mild, medium or hot picante sauce, as desired, and have extra for fans who cannot get enough of a good thing.

Tex-Italian SuperStew combines Italian sausage and traditional Texas chili fixings and toppings. Savory, spicy and satisfying, it balances with garlic bread, tortillas, cornbread or chips.

Hearty and satisfying Spicy Mexican Minestrone Stew teams Italian sausage and vegetables with pasta, picante sauce and savory south-of-the-border seasonings in a satisfying stew inspired by the classic Italian soup. Colorful and richly flavored, it simmers to flavor perfection in just 20 minutes.

To serve a large crowd or create leftovers, double either recipe.

peeled tomatoes, cut up  
1 can (about 15 oz.) pinto beans, drained

In Dutch oven over medium-high heat, cook sausage and ground beef until meat is browned, stirring to separate meat. Pour off fat.

Add picante sauce, chili powder, Italian seasoning and tomatoes. Heat to boil. Reduce heat to low. Cook, covered, 20 minutes.

Add beans. Heat through. Makes 4 servings.

Variations: Add picante sauce, chili powder, Italian seasoning and tomatoes to meat mixture. Heat to boil. Reduce heat to low. Cook, covered, 10 minutes. Add 1 large green pepper, chopped (about 1 cup). Cook 10 minutes longer before adding beans.

If desired, garnish with shredded mozzarella or Monterey Jack cheese, sour cream and cilantro.

½-inch meatballs.

In Dutch oven over medium-high heat, heat oil. Cook meatballs until evenly browned. Remove meatballs from pan. Pour off fat.

Add broth, tomatoes, picante sauce and garlic powder. Heat to boil. Stir in pasta. Return meatballs to pan.

Reduce heat to low. Cook, covered, 10 minutes, stirring often.

Add green beans and kidney beans. Cook, stirring occasionally, 10 minutes longer or until pasta is done. Makes 6 servings.

Variations: Substitute 1 can (16 ounces) cut green beans, drained, for frozen.

For quicker preparation, cook Italian sausage in oil until meat is browned, stirring to separate meat. Pour off fat.

If desired, garnish with shredded Monterey Jack or mozzarella cheese.



Fire up fans with a feisty blend of Mexican flavors with Italian inspiration.

### SPICY MEXICAN MINSTRONE STEW

- ½ lb. sweet Italian pork sausage, casing removed
- 2 tsp. oil
- 1 can (14½ oz.) beef broth
- 1 can (14½ oz.) whole peeled tomatoes, cut up
- 1½ cups picante sauce
- ¼ tsp. garlic powder or 2 cloves garlic, minced
- 1 cup uncooked medium shell macaroni
- 1 pkg. (about 10 oz.) frozen cut green beans, thawed (about 2 cups)
- 1 can (about 15 oz.) kidney beans, drained

Shape sausage firmly into

### TEX-ITALIAN SUPERSTEW

- ½ lb. sweet Italian pork sausage, casing removed
- 1 lb. ground beef
- 1½ cups picante sauce
- 1 tsp. chili powder
- 1 tsp. Italian seasoning, crushed
- 1 can (14½ oz.) whole

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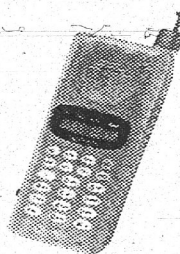
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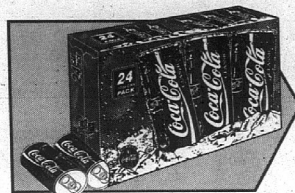
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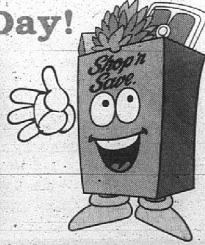


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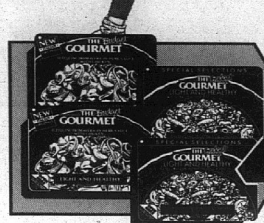
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PROGRAM DIRECTOR: Fill out this form  
(please print) and take it to your nearest  
**SHOP 'N SAVE**  
along with proof of participation in the Labels for  
Education Program. Limit one per school.

Name of School: \_\_\_\_\_ (Please Print)  
Street Address: \_\_\_\_\_  
City: \_\_\_\_\_  
State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Director's Name: \_\_\_\_\_  
Principal's Signature: \_\_\_\_\_  
**OFFER EXPIRES FEBRUARY 4, 1996**



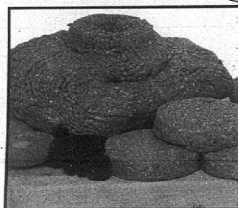
# The Best For-Less!



USDA CHOICE BEEF  
**Boneless  
Chuck Steak**

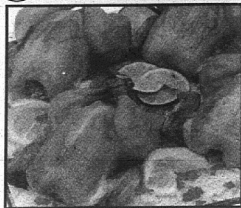
**159**  
lb.

OUR MEAT EXPERTS  
CARRY ONLY USDA  
CHOICE BEEF!



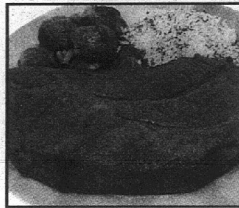
GROUND FRESH  
SEVERAL TIMES DAILY  
**Ground Chuck**

**159**  
lb.



GRADE "A"  
**Patty Jean  
Cornish Hens**

**159**  
lb.



USDA CHOICE BEEF  
**Boneless  
Shoulder Roast**

**189**  
lb.

**NOW AVAILABLE!**



**Hudson Chicken**  
the **BEST**  
Quality & Value



ALL NATURAL, FRESH  
**Hudson Boneless  
Breast Tenders**

**299**  
lb.

ALL NATURAL, FRESH, GRADE "A"  
**Hudson Pick  
of the Chick.....**

**129**  
lb.

USDA CHOICE BEEF  
FAMILY PACK  
**Boneless  
Charcoal Steak**

**189**  
lb.

FAMILY PACK  
LEAN BONELESS  
**Beef Stew.....**

**189**  
lb.

4.5-OZ. PKG.  
ALL VARIETIES  
**Oscar Mayer  
Lunchables.....**

**4/\$5**

1-LB. PKG.  
REGULAR OR LITE  
**Oscar Mayer  
Bologna.....**

**2/\$3**

12-OZ. PKG.  
**Louis Rich  
Turkey Bacon...**

**179**

1-LB. PKG.  
ALL WHITE TURKEY  
**Jennie-O  
Pan Roast.....**

**2/\$6**

1-LB. ROLL  
**Jennie-O  
Ground Turkey**

**89¢**

3.25-OZ. PKG.  
ALL VARIETIES  
**Eckrich  
Lunchmakers**

**99¢**

NUGGETS OR  
PATTIES  
**Tyson  
Chicken**

**2/\$5**  
10.5-OZ. PKG.

FRESH  
**Field Lite Ham  
Sausage.....**

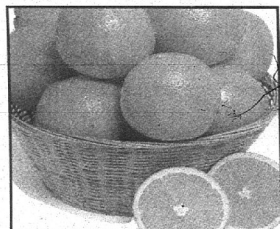
**139**  
1-LB. ROLL

ORIGINAL  
**Johnsonville  
Bratwurst.....**

**259**  
lb.

ORIGINAL  
**Field  
Wieners....**

**99¢**  
1-LB. PKG.



CALIFORNIA  
**Navel Oranges**

**268**  
8 LB. BAG



U.S. NO 1  
**Red Potatoes**

**128**  
5 LB. BAG

**Northwest  
Bartlett Pears.....**

**68¢**  
lb.

**Medium Yellow  
Onions.....**

**98¢**  
3-LB. BAG

WASHINGTON STATE EXTRA FANCY  
**Red or Golden  
Delicious Apples...**

**68¢**  
lb.

**5 A Day** Fruits &  
For Better Health Vegetables

FLORIDA  
**Temple  
Oranges.....**

**3/98**

**Your Satisfaction  
Is Guaranteed...**

**Shop 'n Save**

The more you shop the more you save. SM

S	M	T	W	T	F	S
			17	18	19	20

PRICES GUARANTEED THRU JANUARY 20, 1996 AT ALL ST. LOUIS METRO STORES ONLY • WE RESERVE THE RIGHT TO LIMIT • NO SALES TO DEALERS • FOR LOCATIONS CALL (314) 384-0500

**Shop 'n Save**  
**DOUBLE YOUR  
MONEY BACK  
MEAT & PRODUCE  
GUARANTEE**  
WITH PROOF OF PURCHASE

01174A







**32 MISC AUTOS**

**BOB BROCKLAND**  
**PONTIAC • GMC**  
**PRE-OWNED CARS & TRUCKS**  
**271-2700**  
 Hwy. 111 & Maryland Ave., Fairmont City, IL 62101  
**PRICED TO SELL**  
**UNDER 7,000**

90 Chevy Lumina, Auto, A/C, 47,000 miles, Very Clean, \$6,295  
 89 Ford Escort LX, Auto, A/C, Good Miles, Great Car, \$7,995  
 92 Chevy Cavalier SE, A/C, 47,000 miles, Great Car, \$6,995  
 92 Plymouth Duster, Auto, A/C, Great Car, Great Buy, \$5,995  
 90 Ford Probe LX, V-6, Auto, Fully Loaded, Nice Body, \$6,495  
 90 Volkswagen Jetta GL, 20K, Clean Car, \$4,995  
 85 Chevy 1/2 Ton Pk. V-6, Auto, Nice, \$4,995  
 91 Chevy Cavalier SE, Auto, A/C, Very Clean, \$5,995

**TRUCKS & VANS**

90 Ford F150 Ext. Cab, XLT, 4x4, Pk. 7, Great Shape  
 92 Chevy Suburban Silverado, Fully Loaded, 14,000 miles, Like New  
 89 GMC Sierra 1500 Pk. 7, 2000, 200 V-6, Auto, Won't Last  
 92 Chevy 1/2 Ton Ext. Cab, 4x4 Pk. 7, Loaded, Won't Last  
 92 GMC Suburban Silverado, Low Miles, Loaded, Great Buy  
 91 GMC 1/2 Ton F150 Pk. 7, Loaded, won't last  
 91 GMC Suburban Ext. Cab, 4x4 Pk. 7, 2.3 V-6, Auto, Loaded, 13,000 miles  
 91 GMC 1/2 Ton F150 Pk. 7, Loaded, won't last  
 91 GMC Full Size Conv. Van, Fully Loaded, Good miles  
 92 Ford F150 Ext. Cab, XLT Pk. 7, V-6, Auto, 21,000 miles, Won't Last  
 90 Mazda MPV Van, V-6, Auto, Rear, A/C, Full Power  
 92 Ford F150 Ext. Cab, Fully Loaded, 20,000 miles, Great Shape  
 94 Chevy 1/2 Ton Pk. 7, Silverado, 300 V-6, Fully Loaded, 30,000 miles, Like New  
 92 Dodge Dakota SE Ext. Cab, Pk. 7, V-6, Fully Loaded, Great Condition  
 90 GMC 1/2 Ton Ext. Cab, 4x4 Pk. 7, Fully Loaded, Won't Last, Great Buy  
 92 GMC 1/2 Ton Ext. Cab, 4x4 Pk. 7, Fully Loaded, Won't Last  
 92 GMC Safari RTT, V-6, Auto, Fully Loaded, Great Buy  
 92 GMC Safari Cargo Van, Auto, V-6, A/C, Great Shape

**MISC. CARS**

91 Cadillac Eldorado Touring Coupe, V-6, Clean, One of a Kind, \$19,995  
 93 Pontiac Sunbird SE, Auto, A/C, Clean, \$7,995  
 94 Pontiac Grand AM GT, V-6, Fully Loaded, Great Buy, \$12,995  
 94 Chevy Cavalier Regal, Auto, A/C, 30,000 miles, Very Clean, \$7,495  
 90 Chevy Corolla, Auto, Full Power, 15,000 miles, \$7,995  
 90 Ford Tempo GL, Auto, A/C, 38,000 miles, Like New, \$7,495  
 94 Pontiac Sunbird SE, 2.3, V-6, Auto, Full Power, 17,995  
 90 Olds Cutlass, V-6, Full Power, Like New, Great Buy, \$11,995  
 92 Chevy Lumina Base, V-6, Full Power, 17,995  
 92 GEO Metro Convertible, Auto, A/C, Nice Car, \$6,995  
 92 Pontiac Sunbird SE, 2.3, V-6, Auto, Great Shape, \$7,995  
 94 Pontiac Firebird, Full Power, Great Shape, Great Buy, \$13,495  
 92 Lincoln Continental, Full Power, V-6, Clean, Great Buy, \$9,995

**January Clearance**

**96 IMPREZA COUPE**  
 All Wht. Drive, A/C  
 Dual Air Bags & More  
**\$12,999**

**95 IMPREZA 4 DR.**  
 Auto, A/C, Dual Air Bags  
 Cruise & More  
**\$12,999**

**96 LEGACY SEDAN**  
 All Wht. Drive, A/C, PW, PL  
 Cruise, Dual Air Bags & More  
**\$16,989**

**SVX 5 NOW IN STOCK**  
**STARTING AT \$22,989**  
**Suntrup's**  
**Northgate Subaru**  
 Hwy. 367 & Redman Rd.  
 (next to Christian HC Hospital) **355-6165**

**24 OLDSMOBILE**

97 Delta 88 Reg. Wht.  
 \$4,600 Winter Snow-Cut  
 \$1000N/\$2,995\*  
 We Finance Almost Anyone  
 1992 OLDS Outrage Supreme  
 A-door, 40,000 miles, all  
 options, \$6900 \$77,000  
 88 olds delta 88 coupe, 4 door,  
 extra sharp throughout, many  
 options, \$6,000 miles, \$2,650  
 evenings, \$61,415

**26 PLYMOUTH**

WHITE 1994 Plymouth Flame,  
 no body damage, blown head  
 gasket, \$600 Firm, 787-1079 or  
 321-2373

**28 PONTIAC**

98 Gran Am, Rust Eater  
 \$1000N/\$1,995\*  
 We Finance Almost Anyone  
 1992 Pontiac Bonneville  
 Comm. 211,000 miles, \$10,995  
 1992 OLDSMOBILE DELTA 88  
 coupe, 40,000 miles, \$2,650  
 evenings, \$61,415

**28 PONTIAC**

91 Gran Am, Sharp, Blown  
 \$7,200, Winter Snow-Cut  
 \$4,995\*  
 We Finance Almost Anyone  
 1994 Pontiac 4 door sedan, A/C  
 4 doors, 40,000 miles, \$7,200  
 1994 Pontiac Grand Am,  
 V-6, blue, 24,000 miles, auto  
 \$10,995, 34,000  
 1989 Pontiac Grand Prix  
 Comm. 19,000 miles, all options,  
 \$5,500, \$7,500

**32 MISC AUTOS**

**Borderline**  
**Auto Sales**

90 CAMARO RS  
 V-6, Fully Loaded, 21  
 Tops, Alarm  
 \$5,995  
 90 CHEVY CORVETTE  
 V-6, 4 Dr., Extra Clean  
 \$3,600  
 86 BRONCO 4x4  
 V-6  
 \$4,200  
 88 CORVETTE  
 1 Dr. Auto  
 \$2,995  
 88 DODGE VOYAGER  
 VAN  
 \$2,995

**32 MISC AUTOS**

**Beach Sales**  
 Quality Used Cars and Trucks  
 Over 80 Cars, Vans & Trucks  
 To Choose From  
 You Work, You Drive  
 Let's make a Deal!  
 Corner Hwy 111 & Hwy 162  
 "You Work, You Drive"  
 Bank Financing  
 We Buy & Sell Cars & Trucks  
 Financing Available  
 Pontiac, Buick, Olds  
 Call 797-6662  
 Need quick results  
 try the  
 Classifieds!

**40 HONDA**

88 ACCORD, Wht, \$8,900  
 \$1000N/\$4,995\*  
 We Finance Almost Anyone  
 1991 HONDA CR-V, \$29,900  
 \$1000N/\$3,995\*  
 We Finance Almost Anyone  
 1991 HONDA CR-V, \$29,900  
 \$1000N/\$3,995\*  
 We Finance Almost Anyone  
 1991 HONDA CR-V, \$29,900  
 \$1000N/\$3,995\*  
 We Finance Almost Anyone

**40 HONDA**

87 Prelude SE, Blue/Black  
 \$4,500, Winter Snow-Cut  
 \$1000N/\$3,995\*  
 We Finance Almost Anyone  
 1991 HONDA CR-V, \$29,900  
 \$1000N/\$3,995\*  
 We Finance Almost Anyone  
 1991 HONDA CR-V, \$29,900  
 \$1000N/\$3,995\*  
 We Finance Almost Anyone

**58 PORSCHE**

1977 PORSCHE 924, Low  
 miles, 40,000, 4000, 4000, 4000  
 \$400,000, 867-9017 or 818  
 233-8629 after 4pm.

**70 TOYOTA**

88 CAMRY, IMPECCABLE  
 \$3,995\*  
 We Finance Almost Anyone  
 1991 HONDA CR-V, \$29,900  
 \$1000N/\$3,995\*  
 We Finance Almost Anyone  
 1991 HONDA CR-V, \$29,900  
 \$1000N/\$3,995\*  
 We Finance Almost Anyone

**GRANITE CITY NATIVE AT BOB BROCKLAND**

Lifetime  
 Resident &  
 Graduate of  
 Granite City  
 High School  
 South  
 Class of 1980  
 Welcomes  
 Your Business.

**Bob Brockland**  
 Pontiac • GMC  
 Hwy 111 Maryland Ave.,  
 Fairmont City, IL  
 (618) 271-2700

**ALBRECHT-HAMLIN CHEVY-Geo**

**OVER STOCKED**

25 BERETTAS  
 30 CORSICAS  
 35 LUMINAS  
 15 CAVALIERS  
 FULL SIZE TRUCKS  
 BLAZER - 20 TO CHOOSE FROM!  
 CAPRICES - TAKE YOUR PICK  
 TAHOES - WE'RE DEALING  
 CAMAROS - 20 IN STOCK  
 S-10'S REGULAR OR EXTENDED  
 MONTE CARLOS, ARRIVING DAILY  
 METRO, PRIZM  
 TRACKERS!

**EVERY CONVERSION VAN  
 DRASTICALLY REDUCED!**

**ALBRECHT HAMLIN**  
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**CREDIT CLINIC**

**LIMITED TIME ONLY!!!**

**\* On The Spot Financing**  
**\* No Credit Application Refused**  
**\* Credit Professionals On Site**  
**\* Take The New Car Or Truck Of Your Choice Home Today!!!**

**REMEMBER YOUR JOB AND YOUR DOWN PAYMENT ARE YOUR CREDIT!!! "ONE HOUR" ON THE SPOT APPROVALS!!! ASK FOR MR. SPENCER.**

**STANKRUPTCIES DIVORCE TAX LIEN'S SLOW CREDIT FORCLOSURES SCHEDULE OFFS SREPOSSESSIONS**

**Chris GUFFENBERG**  
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**"Easy To Get To From Anywhere"**  
**CHEVROLET 1-800-467-0833 965-0833**  
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**We've Got What You Want... PRICE & SELECTION!**

**OVER 500 NEW CHEVYS AVAILABLE**

**INCLUDES QUALIFIED 1ST TIME BUYER WITH \$1000 DOWN CASH OR TRADE**

**New 1996 S-10 PICKUP**  
 \$9,591\* Includes Rebate  
 #4051

**New 1996 CORVETTE**  
 \$12,144\* Includes Rebate  
 #6230

**New 1996 BERETTA**  
 \$11,496\* Includes Rebate  
 #8172

**New 1996 CAVALIER COUPE**  
 \$10,996\* Includes Rebate  
 #8216

**INCLUDES QUALIFIED 1ST TIME BUYER WITH \$1000 DOWN CASH OR TRADE**

**1995 & 1996 FULL SIZE EXTENDED CAB PICKUPS**  
 \$15,444\*  
 4X4's Over 25 In Stock!  
 4X2's

**OVER 85 PRE-OWNED CARS & TRUCKS**  
 Excludes Tax, Title & DOC Fees

**BOB BROCKLAND**  
**PONTIAC • GMC • TRUCK**

**"THE WORKING PEOPLE'S DEALERSHIP"**

**6.9% Financing up to 48 months on all '95 & '96 4 Cyl. Sonoma's!**

**1995 FULL SIZE CONVERSION VANS**  
 WAS \$28,170  
**NOW \$20,260**  
 STK #T5130 SAVE \$7,910!

**1996 SUNFIRE SEDAN**  
 24. Auto, Transmission, A/C, AM/FM Cassette, Cruise Control, Rear Defogger, Anti Lock Brakes, P. Locks, Tilt Wheel, 15" Alum. Wheels, Remote Keyless Entry, Driver Pass, Air Bag  
 36 Mo. Smart Buy Based on \$3,000 Down Cash Or Trade, APR 9.99, Residual \$7,200  
**\$1999\*** STK #1092  
 Payment Does Not Include Sales Tax Or License & Title Fees

**96 SUNFIRE SE COUPE**  
 22 Liter, 4 Cyl., Auto, A/C, AM/FM Cassette, Rear Window Defogger, Tilt Wheel, Anti Lock Brakes, Dual Air Bags, Rear Deck Spoiler, Daytime Running Lamps  
 36 Mo. Smart Buy Based on \$3,000 Down Cash Or Trade, APR 9.99, Residual \$5,317  
**\$1753\*** STK #1130  
 Price Does Not Include Sales Tax Or License & Title Fees

**TWO FOUR WHEEL DRIVE 1996 SUBURBANS IN STOCK.**

**'95 GRAND PRIX SE SEDAN**  
 V-6, Auto, A/C, Cassette, Cruise, Remote Deck Lid Release, Defogger, P. Windows, P. Locks, Alum. Wheels, Much More  
 STK #8083  
 36 Mo. Smart Buy Based on \$3,000 Down Cash Or Trade  
**\$2293\***

**'96 PONTIAC GRAND AM COUPE**  
 2.4 Liter Engine 4 Speed Auto, A/C, Cassette, Buckle Bn, Gauge, Rear Window Defogger, Anti Lock Brakes, P. Locks, Rear Spoiler, Tilt Wheel, Driver Pass, Air Bag  
 STK #1084  
 36 Mo. Smart Buy Based on \$3,000 Down Cash Or Trade, APR 9.99, Residual \$6,765  
**\$1752\***

**BOB BROCKLAND**  
**Pontiac • GMC • Trucks**  
 Hwy 111 Maryland Ave. • Fairmont City, IL  
 (618) 271-2700

I would like to personally invite the Metro East Automotive buyers to stop by Bob Brockland Pontiac GMC and see why we continue to have so many satisfied customers since 1975.

Sincerely,  
 Melio Giorno,  
 General Manager

**WEBER GRANITE CITY**  
**451-7913** Rt. 3 & Pontoon Road  
 Granite City, IL

**BAD CREDIT?**

Re-establish your credit and drive a NEW or USED CAR or TRUCK TODAY!

even if you have been previously turned down, Call 451-7913, ask for Marianne or Terry.

**WEBER GRANITE CITY • WEBER GRANITE CITY • WEBER GRANITE CITY**







**320 HELP WANTED**  
**AGENTS/SALES:** Earn to \$50K. No experience. Set your own hours. **320 HELP WANTED**  
**DRIVERS WANTED:** Excellent pay. Part-time. No experience. **320 HELP WANTED**  
**DRIVERS WANTED:** Excellent pay. Part-time. No experience.

**320 MISC AUTOS**  
**Test Drive Today**  
**PRICED RIGHT FOR YOU**

**1994 Dodge B1500 4 Wheel Drive**  
**1994 Dodge B1500 4 Wheel Drive**  
**1994 Dodge B1500 4 Wheel Drive**

**ASSEMBLERS & LABORERS**  
**MANPOWER**  
**618-624-5000**

**320 HELP WANTED**  
**DRIVERS WANTED:** Excellent pay. Part-time. No experience. **320 HELP WANTED**  
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**CNAs**  
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**Immediate Openings**  
**All Shifts**  
**To learn more, please apply in person, Mon-Fri, 9am to 4pm.**

**WANTED**  
**Aggressive, Quality minded**  
**Post-Frame Builders.**  
**We provide excellent support with**  
**well detailed instructions,**  
**drawings, and quality**  
**materials.**

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**Immediate openings**  
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**national telemarketing**  
**company. Money motivated**  
**individuals can**  
**earn top dollar with our**  
**commission structure**  
**(hourly rate guaranteed**  
**available). Convenient**  
**South County location.**

**COMPUTER SALES**  
**Microsoft is offering an**  
**outstanding opportunity. We**  
**are an established local**  
**company with 25 years of**  
**experience in designing and**  
**installing computer systems**  
**for the St. Louis area. Success**  
**is guaranteed. We offer**  
**comprehensive training and**  
**a proven track record. If**  
**you have a proven track**  
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**for the St. Louis area. Success**  
**is guaranteed. We offer**  
**comprehensive training and**  
**a proven track record. If**  
**you have a proven track**  
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**systems, please call for an**  
**interview. We offer**  
**competitive salaries and**  
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**SALES**  
**Immediate openings**  
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**is guaranteed. We offer**  
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**84 Lumber Company is one of the Nation's**  
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**The Senior Companion Program of the**  
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**Improved Wage Scale**  
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**Immediate Opening**  
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**NA/CNA/CMT**  
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## ads from women

19-year-old SBF, ISO a SBM, 20-25, seeking friendship, with possibility of a relationship. #14621

27-year-old SBF seeking a SBM, 20-27, I'm 5'3", 165 lbs. Enjoys music, dining, some sports and children. #14674

39-year-old SBF, honest, monogamous, great sense of humor. Likes long walks, sports, and movies. Enjoys theater. Friendship, possible long-term relationship. #14687

Accepting, full-figured, 49-year-old DWF with sparkling green eyes and a wonderful personality seeking non-smoking DM, 45-55, 5'9", husky build. #14490

Active, honest DWF, 43, 5'8", brown/brown, enjoys quiet evenings. Seeking WM, 40-50, 5'10", must like kids, for friendship, relationship. #14534

Active, outgoing DWF, 60, 4'10", ISO SBM, 58-62, 5'9", non-smoker, likes movies, dancing, bowling, auto, doors, travel, for friendship. Let's talk. #14683

Active, sincere, educated WBCF, 60, 5'3", 125 lbs, with variety of interests. Seeking SCM, 50-60, range, for friendship and companionship. #14687

Asian Lady, late 40s, educated, humorous, outgoing, supportive, romantic, enjoy cooking, animals, various activities. Seeking Mr. Right. Let's talk. #14464

Attractive, loving SBF, 48, 5'2", 135 lbs, hazel eyes, blonde, seeks mature, strong/gentle, hardworking, dependable, fun-loving, single Black/Hispanic/American Indian Man, 40-45, #14488

Attractive WM, young 51, 5'3", 140 lbs, works evenings. Seeking S/DWM, height/weight proportionate, for friendship, possible relationship. #14486

Attractive, easy-to-be with SBF, blonde/blue, 128 lbs, seeking WM, 55-65, to share fun times with. #14447

Attractive, happy DWF, 51, full-figured, non-smoker, no kids. Enjoys cooking, gardening, traveling, etc. ISO masculine, tall, attractive, humorous WM, 35-50. #14615

Attractive, outgoing SBF, 24, enjoys dining out, outdoors, quiet evenings. Seeking SM, 25-30, for friendship, possible relationship. #14615

Attractive, easygoing SBF, 22, 5'9", enjoy swimming, athletic sports, dancing, going out on the town. Seeking WM, 20-24, #14615

Attractive SBF, young, 61, 183 lbs, seeking tall SBM, 30-35, who is nice, fun, intelligent, and very nice. Enjoys dining and quiet evenings. #14708

Attractive, fit, romantic, fun, 47-year-old DWF, non-smoker, wants fit, romantic, country/city type WM. Likes dancing, country, and is very peaceful times. #14708

Attractive BF, 40, full-figured, seeking BM, 40-50, interested in long walks, good conversation. Friends and relationship. #14682

Blue-eyed blonde, SBF, 30, non-smoker, enjoys quiet evenings, country, dining, outdoors. ISO S/DWM, 24-40, similar interests. Friendship, possible relationship. #14616

Bubbly, very pretty DWF, 30, full-figured, 5'7", ISO honest S/DWM, 40-50, non-smoker, for country music, dancing, possibly relationship. KIDS ok. #14658

Caring, sweet, attractive SBF, 19, 3'8", 133 lbs, enjoys dancing, music. Looking for SM, 20-25, who's attractive, intelligent and likes to have fun. #14488

Catholic, full-figured, 30, 5'10", blonde/blue, non-smoker, social drinker. Seeking monogamous, honest, responsible, intelligent, caring, tall S/DWM, 31-42, #14458

Classy, attractive, caring, intelligent, sensual DWF, 30, 5'10", 160 lbs, meeting educated DWM, 50-60, who respects and appreciates integrity and sincerity. #14605

Classy, country Lady, DWF, 42, 135 lbs, 5'3", blonde/blue, smoker, social drinker, enjoys kids, outdoors, having fun. ISO DWM, 36-45, #14638

College student SBF, 20, 125 lbs, seeking physically fit, intelligent S/DWM, 35-35, prefer college student or recent graduate. #14678

Collinsville area SBF, 35, 170 lbs, blonde/blue, working mom, smoker, light drinker, enjoys pool, rock music. Seeking intelligent S/DWM. #14562

Compassionate, caring SBF looking for M, n/s, n/d, who is fun, dining, romantic, for possible relationship. Friendship. #14462

Compassionate SW cowboy, enjoys music, movies and dancing. ISO n/s, n/d, n/d, for friendship. #14710

Cute BF, with children, likes and takes the park, going to movies and going out. Seeks a GSM, 30-40, #14520

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## PERSONAL PORTFOLIO

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## IN THE SPIRIT

Looking for someone who shares your beliefs and values? In The Spirit personal ads are found exclusively at the below-listed convenience and grocery stores in the Journal Classifieds Plus.

## ads from men

19-year-old, fun-loving, romantic SBF, 5'8", 185 lbs, blonde/hazel, seeks honest, fun-loving, athletic, tall, football, racing, romantic evenings at home. #14515

28-year-old SBF, looking for a SBF who's interested in the same things. Christian background, like to make a relationship. #14515

35-year-old SBF, 5'9", 180 lbs, sincere, hardworking, successful, non-smoker, enjoys good conversations, enjoys country music, likes to travel, attractive S/DWF, for dating, quiet evenings at home. South County area. #14533

39-year-old, sincere, clean-cut, intelligent SBF, with many interests. ISO a SBF, for a long-term companionship. #14515

41, attractive, 5'11" DWM, seeking 25-35, pretty, non-smoking S/DWF, who enjoys the outdoors, fishing, swimming. Must like the tropics, have a good sense of humor, and be fun making. #14504

Active SBF, 56, 5'10", brown hair, 180 lbs, enjoys playing the piano, music, having a good time. Seeking a SBF, who is fun, intelligent, and fun making. #14504

Affectionate SBF, 6'3", 33, non-smoker, professional, likes outdoor sports, enjoys fishing, horses and biking and travel. ISO SBF as friend, maybe more. #14428

Affectionate, caring DWM, 22, 185 lbs, seeking relationship with SBF, 22-32, enjoys movies, quiet times, romantic times. South St. Louis. Serious only. #14450

Affectionate African-American, 20, 180 lbs, seeking relationship. #14455

Affectionate, sensitive, sometimes serious SBF, 31-40, who is fun, warmhearted father. ISO down-to-earth, intelligent, SBF, 25-35, SBF, 25-35. Children ok. #14499

Affectionate DM, 52, enjoys movies, dining, the outdoors, and quiet times at home. Seeking affectionate woman, age unimportant, for relationship. #14533

Affectionate hockey fan DWM, 38, 5'8", 130 lbs, smoker, n/d. Seeking a SBF, 31-40, for serious relationship. South County area. #14603

Affectionate, romantic DWM, 55, 6'10", 180 lbs, blonde/blue, ISO SBF, who likes outdoors, activities, walks. ISO honest, nice-looking, slender WF, 30-45, #14468

Considerate, sincere, romantic, loving DWM, 26, honest, caring, loves children, outdoors, travel, quiet times together. Seeking SBF, 20-26, mature, sincere. #14565

Construction worker, 33, husky build, likes hunting, fishing, water skiing, weightlifting, custom cars. ISO WM, 30-40, similar interests. KIDS ok. #14521

Country Girl wanted. Attractive, blonde, 30, 5'8", 135 lbs, brown hair, blue eyes, and dimples. ISO a SBF, 31-40, for a relationship. Give me a call. #14489

Degraded, professional DWM, 34, 180 lbs, 5'10", blonde/blue, ISO SBF, who likes outdoors, activities, walks. ISO honest, nice-looking, slender WF, 30-45, #14468

Down-to-earth, easygoing SBF, 30, 160 lbs, enjoys working out, athletic build, enjoys traveling, quiet times. Seeking SBF, 20-26, mature, sincere. #14565

DWM, 32, 5'9", 155 lbs, blonde/blue, dad of two, love camping, fishing. ISO S/DWF, age unimportant. #14520

DWM, 36, looking for an attractive woman, to share life's adventures and fun times. #14688

DWM, 43, 6'0", decent, loving, socially adaptable, enjoys outdoors, sports, and quiet times. Seeking SBF, 30-40, for a relationship. #14431

21, attractive, sincere, honest SBF, 5'10", 180 lbs, blonde/blue, ISO SBF, who likes outdoors, activities, walks. ISO honest, nice-looking, slender WF, 30-45, #14468

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Affectionate, sensitive, sometimes serious SBF, 31-40, who is fun, warmhearted father. ISO down-to-earth, intelligent, SBF, 25-35, SBF, 25-35. Children ok. #14499

Affectionate DM, 52, enjoys movies, dining, the outdoors, and quiet times at home. Seeking affectionate woman, age unimportant, for relationship. #14533

Affectionate hockey fan DWM, 38, 5'8", 130 lbs, smoker, n/d. Seeking a SBF, 31-40, for serious relationship. South County area. #14603

Affectionate, romantic DWM, 55, 6'10", 180 lbs, blonde/blue, ISO SBF, who likes outdoors, activities, walks. ISO honest, nice-looking, slender WF, 30-45, #14468

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DWM, 32, 5'9", 155 lbs, blonde/blue, dad of two, love camping, fishing. ISO S/DWF, age unimportant. #14520

DWM, 36, looking for an attractive woman, to share life's adventures and fun times. #14688

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# To respond to an ad, call 1-900-786-7087

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## CLASSIFIEDS

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**Honest, hardworking SWM, 41,** 5'6", medium build, enjoy sports, dancing, socializing, and playing cards. S/OOF: 25-30, similar interests. Possible relationship #14718

**Homeless, single, 20,** 5'10", S/OOF 18-30, who is honest, caring, nice and n/d. #14738

**Homeless, sincere, hardworking,** self-employed DBM, 40, 6, 225 lbs. Enjoy movies, theater and dining out. S/OOF: 25-35, attractive F 30-50, same tastes. #14517

**Honest, sincere SWM, 38,** 5'9 1/2", 180 lbs. S/OOF 25-35, similar interests. Possible relationship #14680

**Honest, sincere, attractive SWM,** 40, 5'10", 180 lbs. S/OOF 25-35, outgoing. Seeks SF for friendship, possibly into relationship. #14540

**Honest, warmhearted, playful** SBM, 18, enjoys shows, dining out, and socializing. Seeks a SF who's ready to enjoy life. #14535

**Hopelessly romantic DWM, 41,** 5'6", 160 lbs. S/OOF 25-35, similar interests. Seeks nice-looking female, 25-35, race, non-career, for serious relationship. #14540

**Husky-built DWM, 43, 6'2",** non-smoker, social drinker. Enjoys cars, motorcycles, and socializing. S/OOF 35-45, for friendship. #14540

**I'm almost 35, SWM looking to find** a date for his 32nd birthday celebration since he's a fun-loving and humorous. #14482

**Illinois movie star lookalike, 5'6",** 160 lbs. Brown hair, blue eyes. Female, 25-41, with character and good personality. #14540

**Illinois, attractive DWM, 35, 5'8",** 160 lbs. Easygoing, active, father, and son. Seeks SF who enjoys music and dancing. #14506

**Intelligent, sincere, outgoing,** enjoys male, 35-45, intelligent, outgoing, like to travel. Professional DWM, 46, loves his kids, the dog, fishing, reading, and playing cards. #14540

**IOB toymoby Lady, Single, father, 40,** brown/blue, seeking medium-built blonde, 25-35, 120-130 lbs. S/OOF honest, sincere, caring, clean, social, and fun-loving. #14540

**Jacketpot SBM, 36, 6, 255 lbs.** enjoys female, romantic-looking-Single 30-40, 5'6"-5'8", 120-130 lbs. heard SB/WF: 21-30, 110-175 lbs

**Laid-back SBW, 24, 5'8", 160 lbs,** enjoy singing, movies, horseback riding, and socializing. S/OOF: 20-30. Seeking sincere SBF: 18-30, for relationship. #14540

**Like baggage Woman, 40,** 5'6", 125, 160 lbs. S/OOF 25-35, similar interests, weight/light proportionate. #14680

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**Looking for friendship!** Hardworking, intelligent SB, 38, 5'10", 180 lbs. S/OOF 25-35, for friendship possibly leading to relationship. #14549

**Looking for a nice, loveable and** caring lady who loves to ride skateboards. Just friends #14649

**Looking for Mr. Right, SWM, 38,** 5'10", 180 lbs. S/OOF 25-35, similar interests: swimming, camping, hiking, motorcycling, anything together. #14540

**Loveable teddy bear, BM, 27, 5'5",** 230 lbs. Honest, dependable, looking for a nice, intelligent, caring SF, 25-35, for friendship. Age/race unimportant. #14540

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**Newlyweds, 30s, DWM, 40s, 5'7",** average build, professional, seeking older Guy seeking attractive, 30s-40s, 5'6"-5'8", 120-130 lbs. #14540

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6'1" 180 lbs. smoke out

**SWM, 29, 5'9",** 175 lbs. enjoys sports, country music and the great outdoors. ISO affectionate WF with similar interests. **14538**

<p>           like taking            the last 18            who enjoy            and are in            possible rela-            tionship            person's hand-            some 2' 10.5            attractive,         </p>	<p> <b>SWM, 39, employed,</b>  <b>likes</b>  <b>nonoutdoor activities, like</b>  <b>romantic</b>  <b>evenings, horrible and kids, long</b>  <b>ing for slender SWF, 30-40, n/s,</b>  <b>1'4884</b> </p>	<p> <b>WWWM, 46, 6'4", blondie,</b>  <b>non-</b>  <b>drinker, no children, machista,</b>  <b>ISO</b>  <b>slender, tall, 6' plus SWF, no</b>  <b>children, 85 essential, relation-</b>  <b>ship 4685</b> </p>
<p>           person's hand-            some 2' 10.5            attractive,         </p>	<p> <b>SWM, 43, romantic outdoors, children,</b>  <b>romantic evenings, workouts. Seeks</b>  <b>fun-loving, sense of humor, average</b>  <b>SWF, 35-45, for long-term rela-</b>  <b>ship 35457</b> </p>	<p> <b>Young 60a, DWM, 8, fun-lov-</b>  <b>ing professional, many inter-</b>  <b>esting</b>  <b>Seeking an interesting Lady, 48-60,</b>  <b>5'5", for dating, possible relation-</b>  <b>ship 4685</b> </p>

**SWMV**, 45, medium build, young  
with variety of interests, would like to  
meet female for friendship. #14789

**SWMV**, 49, 5'7", blue eyes, brown  
hair, outgoing. Looking for easygoing,  
honest S/D/F, for friendship and  
dating. #14483

**SWMV**: college student, 18, smokin'  
easy relaxation, excitement, good  
conversation. mutual friends. SWM

**SWMV**, 46, 6'2, 230  
lbs., black hair, dark eyes.  
Interested in meeting someone who  
is fun, intelligent, adventurous, likes  
to travel, has a trailer or truck, needs

**young SM** seeking outgoing,  
adventurous DF, 20-25, enjoys dating,  
dancing and movies. #14632

**SWMV**, 18; like movie, eating out,  
cooking at home. Seeking any age BF who's ready to have fun.  
#14537

**SM** - trailer SM, BA, wants to  
travel, has trailer and truck, needs

open-minded, openhearted, sensual, spontaneous. #14750

**Tall, handsome, sensitive SWM.** Involved in farm life, wants to meet SWF's height/weight proportionate, same interests. #14569

**The perfect Gentleman, SWM, 31, 6'11", 175 lbs., professional, pressing sharp image, sincere, humorous, exciting, athletic, romantic.** Seeks a beautiful SWF 26-34. #14701

**WE driver for companionship and fun.** #14655

**Your teddy bear SWM, 26, 6'2", 230 lbs., looking for SWF, 19-25, like taking walks, dining out and cuddling.** #14701

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